

U3A Clarence Newsletter May 2024

U3A CLARENCE INC.

**A University of the Third Age
PO Box 774 Rosny Park 7018**

Enquiries:

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CONTACT DETAILS

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DATES FOR 2024

Classes are held at Rosny LINC on Monday and Wednesday mornings.

There are 3 one-hour sessions each day, with a choice of courses in each session.

Term 1: ends Wed.22 May.

Term 2: Mon. 17 June to Wed.21 Aug.

Term 3: Mon. 16 Sept. to Wed. 20 Nov.

SESSION TIMES

Mon. and Wed. mornings:

Session 1: 9.30 - 10.25

Morning tea: 10.25 - 10.45

Session 2: 10.50 - 11.50

Session 3: 12.00 to 1.00pm

A University of the Third Age



President's Message May 2024

First the good news, we are pleased to welcome over 40 new members to U3A Clarence in 2024. Great to see our membership improving after Covid and other setbacks. Many thanks to my fellow hard working committee members especially our course coordinator Vicki and our tireless secretary Sue. Also to Beth our Social Secretary with the highlight of first term being a sumptuous lunch at Drysdale House. I am indebted to Helen for filling in for me during a couple of recent hospital admissions and Anna for her ability to multitask.

Which brings me to the bad news, we are still 2 committee members short for this year. Anyone with basic bookkeeping skills to act as treasurer would be of great assistance, it's not a particularly onerous role. We are also always on the lookout for interesting tutors or guest speakers if you have any contacts or suggestions let me know.

Looking forward to an interesting second term.

Best wishes,

John Bothman

President U3A Clarence.

STOP PRESS:

Enrolments for Term 2 will not start until Tuesday, 14th May.

Please do not try to enrol before then, or phone Sue or Anna to enrol you.

Please ensure you are enrolled by Monday, 10th June.

U3A Clarence Inc - Important Dates for 2024

Term 1 2024 Monday 4 March - Wednesday 22 May

Committee Meetings	Mon 18 March	1.15-2.30	Room 5
	Mon 22 April	1.15-2.30	Room 5
	Mon 13 May	1.15-2.30	Room 5
Enrolments Due by:	Mon 10 June	<i>For Term 2</i>	Please enrol for term 2
Newsletter	Mon 13 May		

Term 2 2024 Monday 17 June – Wednesday 21 August

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 24 June	1.15-2.30	Room 5
	Mon 22 July	1.15-2.30	Room 5
	Mon 12 Aug	1.15-2.30	Room 5
Enrolments Due by:	Mon 2 Sept.	<i>For Term 3</i>	Please enrol for term 3
Newsletter	Mon 12 Aug		

Term 3 2024 Monday 16 September – Wednesday 20 November

This gives 10 Mondays, 10 Tuesdays and 10 Wednesdays

Committee Meetings	Mon 23 Sept	1.15-2.30	Room 5
	Mon 21 Oct	1.15-2.30	Room 5
	Mon 11 Nov	1.15-2.30	Room 5
Newsletter	Mon 7 Nov		
Christmas Luncheon	TBA		

Pre Term 2025

Newsletter	Mon 20 Jan		
Committee Meeting	Mon 3 February	10:00 – 12.00	Room 5
Enrolments Due by:	Mon 17 Feb		
AGM	Wed 19 Feb	1.30-3.30	Library, Room 6 Afternoon tea and a guest speaker

A FEW REMINDERS:

U3A members have special permission to enter the Library ten minutes before the doors open at 9.30. This enables us to go to our session and start on time. Please be sure to enter by the *door near Room 7*, next to Services Tasmania. Wear your lanyard so that Library staff know you are 'one of us', and *do not* go into the main part of the Library before 9.30 opening time.

Set up crew arrive at 8.50 – if you can help please speak to Vicki Paterson.

Morning tea is in Room 6 at 10.25. All are welcome. It is only \$1 for a drink and biscuits, often muffins and scones.

TERM 2 PROGRAM: MONDAY SESSION 1: 9.30-10.25

242M11	CLARENCE HISTORY	WAYNE SMITH
	Learn about the history of your own part of Tasmania: Clarence aborigines, early explorers, evolution of townships, origins of town names, first settlers, early industries, heritage buildings, movers and shakers. Plenty of interesting local photographs. This term will feature Lindisfarne.	
242M12	LINE DANCING	JILL CANTON
	Simple line dances to a variety of music. This course is for those who already have some experience with this form of exercise.	
242M13	ART	SELF DIRECTED
	This is a self-directed course allowing participants to explore their own artistic interests, whether it be painting, drawing or other forms of art.	
242M14	LET'S TALK	VICKI PATERSON
	A discussion group designed to encourage members to explore topical issues. These may be political, social, economic, ethical, technological or a mixture of these. Participants will be given published articles to read (a "position paper") so as to acquaint themselves with different viewpoints, facts, etc. before the discussion. All viewpoints are valued and respected.	
TERM 2 PROGRAM: MONDAY SESSION 2: 10.50-11.50		
242M21	ARCHAEOLOGY	VICKI PATERSON
	This course will cover the origins and techniques of modern archaeology, while also examining well-known and some less well-known archaeological sites and their significance. It is based on a "Great Courses" by National Geographic.	
242M22	THE WRITERS	SELF-DIRECTED
	An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.	
242M23	ART	SELF DIRECTED
	This is continued from Session 1.	
242M24	LINE DANCING	JILL CANTON
	Simple line dances to a variety of music. Suitable to people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them!	
242M25	BOOK CHAT	ROBYN NANDAN
	Come and join us in sharing the latest book which has captured your imagination, or maybe you wish to recommend an old favourite. This will be an opportunity to enable you to discover new authors and exchange different perspectives in a friendly atmosphere. The group will choose specific genres and themes to focus on throughout the term.	

TERM 2 PROGRAM: MONDAY SESSION 3: 12.00-1.00

242M31	KALEIDOSCOPE A different speaker each week drawn from among U3A members and the wider community.	FACILITATOR: ELIZABETH TAYLOR
242M32	POETRY READING Join Chris and other poetry enthusiasts in an exploration of poetry through the ages. The sessions include a range of poets and poetry. Some members bring along and share their own poetry. No previous knowledge is required.	CHRIS BISHOP
242M33	CALLIGRAPHY Both beginners and those with some previous experience are welcome to join this class. Participants who are beginners are advised not to purchase any tools prior to discussion during their first session.	AILSA FERGUSSON
242M34	TRIVIA Work in a team to test your brain, memory and deductive powers. Three sets of questions and a variety of other puzzles will be offered each week.	VICKI PATERSON

TERM 2 PROGRAM: WEDNESDAY SESSION 1: 9.30-10.25

242W11	ANCIENT CITIES AND THEIR PEOPLES Each week we will explore a different city, starting from the very first Anatolian cities, then Ancient Egyptian, Minoan and Mycenaean, Greek, Hellenic and Roman cities. We look at the people and lifestyle of that city. A 'Great Course' is used, contributing expert knowledge in the field.	ANNA MELTON
242W12	KNIT, CROCHET AND CHAT An opportunity to donate to a Hobart charity (e.g. Rug Up Tassie) by making 20 cm X 20 cm squares which can be stitched into rugs. Bring your own 4.00 needles and 8 ply yarn. If you prefer to work on your own project while enjoying the company, and perhaps advice, of others in a friendly and supportive atmosphere, then feel free.	SELF-DIRECTED
242W13	MAH JONG Learn to play, and enjoy, this game. Beginners are welcome. Two hours for those who wish to stay.	JAN CHIPMAN
242W14	SCRABBLE Everyone is welcome – beginners and experts. Exercise your brain, improve your grasp of the English language and test your spelling in a bid to outdo your opponents as you play this popular game with friends.	SELF DIRECTED

TERM 2 PROGRAM: WEDNESDAY SESSION 2: 10.50-11.50

242W21	ARMCHAIR TRAVEL This is a five week course presented by different people, leading into Actual Armchair Travel with Patricia Corby. A different speaker each week will share and entertain the audience with their travel experiences. There may be an emphasis on first time overseas travel experiences. You must enrol in each course separately if you wish to attend both. June 19-July 17.	FACILITATOR: GEOFF MEDHURST
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242W22	ACTUAL ARMCHAIR TRAVEL Your tutor volunteers in Residential Aged Care and each month gives an Armchair Travel Talk. Initially it was all about places she had visited, but then COVID struck. From that time the travel has been undertaken from the armchairs, and Patricia would like to share some of these travels with you. You may be taken anywhere; from the Republic of Ireland to Gibraltar; or from the Falklands to Iceland and Greenland. This is a five week course. July 24-August 21.	PATRICIA CORBY
242W23	MAH JONG – CONTINUATION FROM SESSION 1	JAN CHIPMAN
242W24	PLAY READING Looking for comic relief or a way to re-live an entertaining experience in the theatre? Come and have fun reading plays with others. No experience needed. Our coordinator has worked in theatre and enjoys sharing her knowledge of, and enthusiasm for all things theatrical.	MARIE HOWARD-DOWLMAN
242W25	FRENCH CLUB This is for those who have studied French in the past and would like to build on their skills. More emphasis on everyday French, listening and conversation than writing and grammar.	PETA KELLY
242W26	TAI CHI Tai Chi evolved as a Chinese martial art practised for defence training, as well as various health benefits and meditation. Its sequences of slow, controlled movements are beneficial for strength and flexibility. This class follows a DVD.	SELF DIRECTED
TERM 2 PROGRAM: WEDNESDAY SESSION 3: 12.00-1.00		
242W31	TIME TO HAVE A GOOD LAUGH! End the U3A week on a comic note. Participants in this course will enjoy watching black and white films featuring people such as The Three Stooges and Charlie Chaplin who dominated the early part of 20 th century entertainment, through to the movies and stand-up comedians of the present day. Some presentations will be in the form of short excerpts, others will be full length movies shown over two sessions. There will be time to discuss the ways in which comedy has changed over our lifetimes, what it is that makes us laugh and why we often need to escape into a comic world.	FACILITATOR: VICKI PATERSON
242W32	BEGINNERS' FRENCH This course is for those with little or no knowledge of French and will focus on developing basic skills in the language and an understanding of French culture. It will be adapted to suit the needs and interests of the participants.	SUE TOLBERT
242W33	GAMES TIME Enjoy some fun and competition with friends playing popular board games such as Mexican Trains and Rummy-O. Great for concentration and developing memory skills. Once learned they are also fun to play at home with friends and grandchildren.	SELF DIRECTED

242W34	ZUMBA GOLD Zumba Gold is a modified version of Zumba, designed specifically for seniors. There is a seated form of the exercise as well as the regular dance-like moves. As a fitness program it involves both cardio and Latin-inspired dance, and has become increasingly popular. The “tutors” will be on a screen, and participants will be encouraged to begin slowly and build up fitness and strength. Wear loose, comfortable clothing.	SHIRLEY LINES
242W35	CHESS Both novices and experienced players are welcome. As with everything, there are many things to learn and we all learn in partnership with everyone in the class. On the way we hope to have fun and enjoy this very ancient game which is played the world over by young and old.	SELF DIRECTED



SOCIAL EVENTS:

In March a small number of us attended an entertaining and informative tour, film showing, and introduction to the new Unshackled database on convicts at the Hobart Penitentiary. The National Trust operates this property.

A luncheon held at Drysdale House was most enjoyable.

Thanks go to Beth Jeffrey for organising these events.

PLAY READING IS FUN

Shortly after joining U3A Clarence in August 2010 I enrolled in the Play Reading class. I had no background in Drama but I wanted to be part of a relatively small interactive group and it sounded very interesting. Almost 14 years on I am still a member of that class, which has changed over the years as class members come and go, and in recent years there has been a change of leadership. Through my interactions with others in this class I have formed some very meaningful friendships.

We read a wide variety of plays but nothing too challenging. Each class member reads the lines of one or more characters of the chosen play. No acting is required but if you wish you can adopt the accent of the character/s.

Our Tutor, Marie, has a strong background in theatre and is keen to impart her extensive knowledge to the class members.

Please consider joining this very enjoyable class when you complete your enrolment for next term.

Sue Storr

THOUGHTS ABOUT U3A:

I'd like to celebrate
My days of memories
And excitement in the air.
I went to U3A – what I wore was up to me,
Greeting at the door,
Then connecting with many a dollar
For morning tea.

Lectures enriched my life,
I knew my brain still worked – (Hooray!),
The enrichment by learning
With a little humour too.
New friendships were made
And acquaintances too.

Never too old to blend in with others,
The present day only is our own...
So live, love, toil and learn...
For the clock tomorrow
May then stand still.

By Beth Jeffrey

COME TO BOOK CHAT NEXT TERM!

Come join our happy band of book lovers.

Our "CHATS" are animated, fun and cover an expansive range of topics and books. If you enjoy a "WHODUNNIT", then share the latest crime fiction you have read. If vicarious travel is your thing, then join us.

If, as Bluey of cartoon fame says, " for real life", share the latest or re-discovered adventures, thoughts, life experiences or any historical, geographical, political, biographical or autobiographical experiences of the writer.

If you love an entrancing Sci Fi, then share the frontiers of imagination and new worlds. If you just enjoy a traditional fiction book that has just been published or one that is famous for its longevity and age-old appeal, then join us and share your excitement, thoughts, impressions, frustrations or share the sheer enjoyment of being transported out of your current world to that of the creative author.

We never tire of sharing and we have to be strict about not running over time! Hoping to see YOU next term. We meet after morning tea on Mondays".

Robyn Nandan - Tutor

Just started using an email address?

If you have just started using an email address and have been receiving posted newsletters, please let us know as soon as possible and we will send you electronic copies of messages and newsletters in future. Please send your name and email address by email to: membership@u3aclarence.com The Rosny Library conducts beginners' classes and offers one to one help with volunteers for people new to email and computer use. These could increase your skills and confidence.

Useful things they can also cover with you include how to use myGov, how to download and print documents at the Library and searching Internet and the Library catalogue.

Only new members this term, or members returning after a term or two away will need to pay a subscription. Please do not pay twice!

MEMBERSHIP SUBSCRIPTIONS:

ANNUAL MEMBERSHIP SUBSCRIPTION FOR 2024 \$50 PER PERSON

You can pay online as follows: MEMBERSHIP SUBSCRIPTION PAYMENTS ON LINE BY DIRECT CREDIT

Members can pay their U3A Clarence subscriptions by completing the form on line. Go to our website <http://u3aclarence.com> and click on the link:

Subscribe to U3A (membership)

Payments may be made by electronic funds transfer to our account, or by visiting a bank and making a deposit to our account **after** the online form is submitted. Whichever method is used to make a direct credit payment, it is **ESSENTIAL** that the following information is recorded as part of the transaction:

Account Name: University of the Third Age

BSB 067103

Account number 10059047

Reference Members' first name and surname

Please note: When making a deposit at a bank you must ensure that your reference information is recorded *whether or not* the teller asks for the details. Please address any Payment queries to our Treasurer, Helen Lucas.

IMPORTANT INFORMATION RELATING TO ENROLMENTS:

Please only enrol for classes you are reasonably confident you can attend regularly. Class sizes are still limited due to COVID restrictions. If you decide you will not be able to attend regularly, please let Anna Melton or Sue Storr know in case someone else is waiting for a spot. Line dancing is very popular and we can usually only enrol you in one class. You must be a financial member to be placed in classes.

The enrolment system works better if you use your 4 digit membership number and password. Record the password with your membership number somewhere easy for you to find so that you can use it each term. The UMAS system works much more efficiently with your unique membership number and password than with ends of telephone numbers or email addresses. (Several people can have the same details with regard to telephone numbers and email addresses, which confuses the UMAS system!)

If you are having trouble using your password or remembering it, UMAS has a Change Password option you can use when logging in. Make sure you give yourself a useful password when you receive the link to change it, and write down the new password somewhere safe. We recommend you do not accept the option given to you for a password – it will most likely be something not very practical. Passwords are strong if they contain combinations of capital letters, numbers and not easily guessed words.

HOW. TO. ENROL

Please do this online, if possible. These are the instructions for online enrolment.

Online enrolment:

1. Search for U3A Clarence on Internet.
2. Click on the first website: **U3A Clarence**
3. Click on **Enrol Here** on the yellow band at the top of the screen.
4. Click on **Login**.

5. Enter your member number and password. (If you don't know these try your email address and the last five numerals of your phone number.)
6. Click on **View or Select Courses** on the menu on the left. Courses for term 2 2024 will all have a course code starting with 242.
7. Tick the box on the left-hand side for each course you want to enrol in. If you click on the course name you can find a course description.
8. Courses which are highlighted in **blue** are full. You can still tick the box, but you will be placed on a waiting list. Priority is given to members with paid subscriptions.
9. Click on the Confirm Selections button at the bottom of the list of courses.
10. The list of courses you have selected will appear. The fourth column is the **Status**. This will be blank if you have been **included in the course**, and will have **Wait listed** if the course is full and we do not have room for you yet.
11. Click on the Finalise Courses ... button to finish your enrolment. **This step is important so don't leave it out** or you will not be enrolled!
12. The information in step 10 is the information on your enrolment status. Once this has been finalised, your enrolment is complete.
13. **Logout.**

Following a software update, an email is now sent listing the classes you have enrolled in. If you do not receive this, check you followed all the steps. You can use the **menu**, click on **Search Members** and look at your record if you are unsure. If you enrol knowing you are on a **waiting list** you will be notified if we are later able to give you a place in that class.

Members unable to enrol online:

If you receive the newsletter by mail and cannot enrol online, please phone either Anna Melton on 0474 483 718, or Sue Storr on 0409 970 201 who can enrol you in the subjects you have chosen. *The sooner your information is received the sooner you can be enrolled.*

If you are having difficulties, but do have computer access, please check you have followed all the steps listed, especially **Finalise courses** before contacting U3A.

ENROLMENT FORM TERM 2 2024



Name 1: _____

Name 2: _____

Phone: _____

Email: _____

MONDAY COURSES	CODE	NAME 1	NAME 2
Session 1 9.30-10.25			
Clarence History	242M11		
Line Dancing	242M12		
Art	242M13		
Let's talk	242M14		
Session 2 10.50-11.50			
Archaeology	242M21		
The Writers	242M22		
Art	242M23		
Line dancing (more experienced)	242M24		
Book Chat	242M25		
Session 3 12.00-1.00			
Kaleidoscope	242M31		
Poetry Reading	242M32		
Calligraphy	242M33		
Trivia	242M34		

WEDNESDAY COURSES

Session 1 9.30 -10.25

Ancient Cities and their peoples	242W11		
Knit, Crochet and Chat	242W12		
Mah Jong	242W13		
Scrabble	242W14		

Session 2 – 10.50– 11.50

Armchair Travel (1 st 5 weeks)	242W21		
Actual Armchair Travel (2 nd 5 weeks)	242W22		
Mah Jong (cont. from Session 1)	242W23		
Play Reading	242W24		
French Club	242W25		
Tai Chi	242W26		

Session 3 – 12.00 – 1.00

Time to have a good laugh!	242W31		
Beginner's French	242W32		
Games Time	242W33		
Zumba Gold	242W34		
Chess	242W35		