

U3A Clarence Newsletter May 2015

U3A CLARENCE INC.
A University of the Third Age
PO Box 774 Rosny Park 7018

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Classes are held at Rosny LINC on Monday and Wednesday mornings. There are 3 one hour sessions each day with a choice of courses in each session.

DATES FOR 2015

Term 2: Mon Jun 15th to Wed 19th Aug

Term 3: Mon Sep 14th to Wed Nov 18th

SESSION TIMES

Session 1 9.30 - 10.25

Morning Tea 10.25 - 10.50

Session 2 10.50 - 11.50

Session 3 12.00 - 1.00



President's Ponderings

When I sat down to write this message to you I thought I would review my message from a year ago. Even then I was telling you to please let me know if there was an issue relevant to U3A and which I could address.

This is still an ongoing offer and more and more often people are bringing me their concerns and we can discuss them and see what, if anything, can be done.

I do think that between us we have achieved a lot!

This year saw the resignation of two Committee members and the introduction of two new faces to our ranks. This has brought us a new "Social Secretary" who has eased into her role and who is arranging some extra-curricular events for next term. Once again we held our Annual Barbecue and once again the day started out wet! Very wet! However, the rain cleared by the time we met at the site and the sun even put in an appearance for us. Those of you who came along I am sure had a great time. It is so good to be able to socialise away from the confines of the LINC building.

So far this term we have made some changes! I know you are all more than well aware of them. I am hoping that we won't be making any more new changes for a while.

Our program continues to offer a huge range of topics for you all to choose from. Term 2 will hold slightly less choice, this is mainly because it is winter and a lot of people run away from Tassie to go to warmer climes. This makes arranging tutors a little bit harder. Still, we do have lots of what looks fascinating on the menu. My thanks go to Lesley once again for her hard work.

Speaking of hard work, every member of the Committee works hard, there is a task for everyone and we all pitch in if help is needed. It makes my job easier and it also makes me proud that we have such a mutually supportive bunch of people taking care of our U3A.

The other groups of people I want to thank for their support are the Tutors and the "set-up" crew. This latter includes those who serve us at morning tea. I know you all do your bit for us and I thank you most sincerely. The Tutors are a breed unto themselves. They spend hours preparing their presentations for us and give of their time and expertise freely. Thank you one and all.

To everyone, enjoy the break and we will see you in Term 2.

Jane Hall
President

MONDAY SESSION 1 9.30-10.25

M211 MY LIFE/MY PLACE

SUE STORR AND LESLEY THOMSON COORDINATORS

Ten speakers sharing their life story, places they have lived or a combination of both.

M212 DAVID COPPERFIELD

MARGARET ROSE AND ROWENA MACKEAN

This novel brings us some of Dickens' best known characters - Mr Micawber, Uriah Heep, and David himself and is packed with incident, funny, sentimental and tragic. You will need your own copy of the book, but there is no need to read it beforehand. We shall look at some chapters each week, and discuss the characters, the author, the background of early Victorian England, and anything else that comes up. **Levy \$1** **Class limit 20**

M213 MEDICAL MYTHS, LIES AND HALF TRUTHS

JANE HALL

This is a "Great Course" with each DVD being about 30 minutes duration. We will follow each one with some discussion time accompanied by my own commentary on the subject matter.

M214 PAINTING

PAT OLDING FACILITATOR

The group is self-led and works mainly with watercolour but includes sessions using pencil, pen, pastels, and acrylics. Each new topic is introduced by a member of the group. **Class limit 16**

Session 1 is a continuation from last year but new members are welcome in Session 2 when there will be members ready to assist them.

MONDAY SESSION 2 10.50-11.50

M221 THE WRITERS

COLIN PYEFINCH

An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement. **Class limit 15**

M222 THE SCIENCE OF TOYS

PETER MANCHESTER

As grandparents we buy toys for our grandchildren. But do we purchase for playing as well as knowledge and education? Many toys besides being entertaining teach children and adults (?) the fundamentals of magnetism, light, laws of motion, aerodynamics, electricity, chemistry and thermodynamics. Demonstrating how toys demonstrate the major fundamentals of the sciences. **THERE WILL BE NO LECTURE ON MONDAY JULY 6TH**

M223 A WALK ALONG THE MIDLAND HIGHWAY (cont.)

WAYNE SMITH

We commence the 'walk' at Dysart and continue to Jericho and discuss the history and heritage of places along the Midland Highway through the Southern Midlands. Plenty of photos of heritage buildings and lots of new information on history and folklore of midland towns, including bushranger raids, murders and local scandals.

M224 LINE DANCING

JILL CANTON

This is an ongoing class from term one. The aim of the class is to have fun and keep the mind and body active. **THIS CLASS IS FULL. NO NEW ENROLMENTS**

M225 PAINTING: CONTINUATION FROM SESSION ONE

SELF DIRECTED

New members welcome.

M226 ITALIAN

ROSANNE JOYCE

General conversation, prepared topics, grammar when necessary, articles to discuss. **Levy \$5** **Class limit 6**

MONDAY SESSION 3 12.00-1.00

M231 BACKGAMMON

GRAEME LINDRIDGE

Welcome to backgammon, a unique and fascinating 5000 years old game. Although it's easy to play and quick (15-20 minutes), you can learn to play better, but it's enjoyable at all levels. A good player doesn't always beat a lesser player. There is a bit of luck in the game, not too much - not too little - just the right amount - which can lead to surprise results with accompanying laughter. Backgammon is a happy game. Backgammon boards are provided, or bring your own.

M232 POT POURRI

CHRIS WATTS AND PETER GREEN

Ten different speakers will speak on their own area of interest or expertise. See the website for details.

M233 ASTRONOMY AND SPACE SCIENCE

PETER TAYLOR

Updates on current astronomy news and the way science is finding how we need to look at some older accepted astronomical ideas via new technology to update the ideas we once had with fresh eyes.

M234 DISCOVERING ARTISTIC POTENTIAL

ALLISON BENDER

A light hearted meeting of like minded peers with gentle guidance from the artist. This is aimed at you gaining skills in material selection through creating your own artwork. The atmosphere is relaxed and fun, no criticism, no pressure.

Class limit 10

M235 TAI CHI

EILEEN LEVETT

Tai Chi is a centuries-old Chinese discipline, rooted in Taoism - the movements and principles of which are derived from the complementary relationship between Yin and Yang, two elements vital to the practice of Tai Chi. **Limit 20**

WEDNESDAY SESSION 1 9.30-10.25

W211 POETRY READING

GRAEME LINDRIDGE

Read poems you like and ones you remember. Recite any verse that tickles your fancy or maybe a song or rhyme that you've written.

W212 HEROES AND LEADERS

JOAN CARR

What makes a hero and what makes a leader? Are they the same qualities? Is a person born with them or do they develop later? We will examine the lives of 10 outstanding people and try to decide what made - or makes - them heroes or leaders or both.

W213 TROUBLED TIMES - KINGS, POPES AND WITCHES 1200-1700 CE

HELEN LAWRENCE

1. Examining medieval minds; new laws and cruel punishments for non-compliance 2. 'Witch finder general' (Matthew Hopkins) and the Franciscan friars. 3. Cathars in southern France and charges of 'Heresy' 4. Contrasts between witch hunting and real science 5 - 10. The beginnings and benefits of modern science, Medicine in the Renaissance, da Vinci - Bruno - Galileo - Vesalius - Harvey, Comparing Western science with Eastern (e.g. Muslim), Far East science and medicine

W214 SKETCHING/DRAWING

SELF DIRECTED

Come and join a group of enthusiastic people to follow a passion of sketching and drawing. New members to the group are welcome.

W215 MAH JONG

JAN CHIPMAN

Play and/or learn Mah Jong. Two hours for those who want to stay.

Class limit 20 but only 8 beginners.

WEDNESDAY SESSION 2 11.00-12.00

W221 SINGING FOR PLEASURE

ADRIENNE COOPER AND ESMA WOOLLEY

Singing for pleasure describes this group of happy and friendly singers. We sing a variety of songs - folk songs, songs from the shows, spirituals and classical. We welcome men to join our current six gentlemen. **Levy \$5.00**

W222 MYSTICISM IN THE CLOUDS AND SYNCHRONICITY

PATRICIA LOCKE

Conservation in Borneo, Lawrence of Arabia, (Wadi Rum and Petra), Carthage, relocation of Abu Simbel in Egypt, the future use of Thorium, the Explorers Club and scientific stations of Norway.

W223 EXPLORING PSYCHOLOGY

BARBARA CAROLAN

In this course we'll take a look at several branches of the discipline of psychology - including cognitive; social; abnormal; moral and developmental psychology. We'll examine the main ideas, but also explore some of the novel, and perhaps more controversial, aspects of some research and theorizing.

W224 SPANISH

SELF DIRECTED

This is a continuing course so new students should have a basic knowledge of the language.

W225 TAI CHI

SELF-DIRECTED

This class is self-directed and will be following a DVD compiled by one of our members experienced in Tai Chi.

Class limit 20

W226 MAH JONG

JAN CHIPMAN

Continuation from Session 1 for those who wish to stay.

WEDNESDAY SESSION 3 12.00-1.00

W231 ARMCHAIR TRAVEL

JAN GREEN

It is always a great feeling of satisfaction to share other people's joy and adventures. This is exactly what happens in U3A Armchair Travel. We end up in some amazing areas of the world without moving out of our chairs. Often a speaker may be talking about a trip you have taken and there can be amicable sharing of the journey to the benefit of the wider audience. This course is for relaxation as well as enjoyment.

W232 PLAY READING

DES COOPER

Enjoy losing yourself in reading the part of a different character. No experience necessary - just a voice!

Class limit 8

W233 CIRCLE DANCING

KRISTA SANDS

Easy to somewhat more challenging dances from various cultures. Good gentle exercise that builds grey matter and grace.

W234 CHESS

MERV KERSHAW

Come along and fuel those "little grey cells" Enjoy a game with other members or learn a new game so you can play with your grandchildren. Bring along a sandwich or a snack and get your mental processes going.

W235 MUSIC OF OTHER LANDS AND CULTURES

NINA THOMAS

This course looks at music from different cultures including Aboriginal, Indonesian, South American, Indian, Japanese music. It includes the instruments, genres and the place and relevance of music within the culture. No knowledge of music is required.

SOCIAL NOTES

This year a new member of committee is organizing our social program. If you have any suggestions for social events see **Fran Hall** or put a suggestion in the Suggestion Box.

From Fran Hall:

A one hour tour of St David's Cathedral has been organized for Tuesday June 23rd, starting at 9.30am. The tour will be conducted by the Dean (The Very Reverend Richard Humphrey) and you will experience the beauty and history of this cathedral. Visit the Chapel of Hope, view the forty-five magnificent stained glass windows telling many stories and when in the Cloisters see the Colours of disbanded Tasmanian regiments that will, by tradition, fall to dust. The cost is \$5 per person. You may like to have morning tea with your friends at the conclusion of the event?

A quiz afternoon is also being organized and notification will be supplied when plans are finalized.

ENROLMENTS - PLEASE READ CAREFULLY AND PLEASE PRINT

- You can enrol in as many courses as you like.
- Fill in the details at the top of the form. Your member number should be on your address label. If you don't have one, don't worry.
- Click on the classes you wish to attend on each day
- For couples, fill in both names and both member numbers and tick appropriate columns.
- If you know you are going to be away for part of the term, please indicate and do not enrol for a class with a numbers limit.

You may assume your enrolment has been accepted unless we notify you otherwise.

Please return to:
U3A Clarence Enrolments
PO Box 774
ROSNY PARK 7018
By Friday June 5th

YOU CAN NOW ENROL ONLINE. READ THE LAST PAGE OF THIS NEWSLETTER AND SEE HOW EASY IT IS TO DO THAT!

SUBSCRIPTION PAYMENTS BY DIRECT CREDIT

Effective from the date of receipt of this newsletter, members will be able to pay their U3A - Clarence subscriptions by direct credit. Payments can be made by visiting a bank and making a deposit to our account or by electronic funds transfer to our account. Whichever method is used to make a direct credit payment, it is essential that the following information is recorded as part of the transaction:

Account name: University of the Third Age - Clarence Inc
BSB: 06 7103 (CBA Rosny Park)
Account number: 10059047

Reference: Member's first name and surname

Notes:

1. Some banks have ceased using paper-based deposit forms
2. When making a deposit at a bank you must ensure that your reference information is recorded whether or not the teller asks for the details
3. Members paying their subscription by direct credit still are required to submit a subscription form with their personal details and indicating that they have paid by direct credit. This subscription form can be submitted with their hard copy enrolment form
4. Members enrolling electronically still are required to submit a completed subscription form

If you have any queries about direct credit payments please see the Treasurer, Terry Mahoney.

2015 MEMBERSHIP SUBSCRIPTION FOR TERMS 2 and 3
SINGLE - \$30 COUPLE - \$55

**THIS FORM MUST BE COMPLETED FOR OUR RECORDS EVEN IF YOU PAY YOUR
SUBSCRIPTION BY DIRECT CREDIT**

Name(s) _____ Member number(s) _____

Preferred name(s) for name tag(s) _____

Phone _____ Email address _____

Residential address _____

_____ Post Code _____

Type of subscription _____

Amount paid - cheque, money order, cash or direct credit \$ ____

If you would like to just keep in touch but not attend classes, the *Newsletter Only* option costs just \$5 for the whole year.

Please make cheques payable to U3A Clarence and mail with this form to PO Box 774 Rosny Park 7018 or hand it in at U3A.

ENROLMENT FORM

Name 1 _____ Member No _____

...

Name 2 _____ Member No _____

Phone _____ Email _____

MONDAY				
COURSE	CODE	NAME 1	NAME 2	
Session 1 9.30 - 10.25				
My Life/My Place	M211			
David Copperfield	M212			
Medical Myths, Lies and Half Truths	M213			
Painting	M214			
Session 2 10.50 - 11.50				
The Writers	M221			
The Science of Toys	M222			
A Walk along the Midland Highway	M223			
Painting Continuation	M224			
Line Dancing	M225			
Italian	M226			
Session 3 12.00 - 1.00				
Backgammon	M231			
Pot Pourri	M232			
Astronomy and Space Sciences	M233			
Beginning Painting	M234			
Tai Chi	M235			

WEDNESDAY				
COURSE	CODE	NAME 1	NAME 2	
Session 1 9.30 - 10.25				
Poetry Reading	W211			
Heroes and Leaders	W212			
Troubled Times - Kings, Popes and witches	W213			
Sketching/Drawing	W214			
Mah Jong	W215			
Session 2 10.50 - 11.50				
Singing for Pleasure	W221			
Mysticism in the Clouds and Synchronicity	W222			
Exploring Psychology	W223			
Spanish	W224			
Tai Chi	W225			
Session 3 12.00 - 1.00				
Armchair Travel	W231			
Play Reading	W232			
Circle Dancing	W233			
Chess	W234			
Music of Other Lands & Cultures	W235			

**YOU CAN EITHER
ENROL ON THIS
PAGE AND DROP IT
IN THE BOX, OR
SEND IT IN BY
MAIL TO U3A IN
THE USUAL WAY**

OR

**YOU CAN ENROL
ONLINE! TURN
THIS PAGE OVER
AND LEARN HOW
TO DO THAT.**

OUR NEW WEBSITE

Our new website is now up and running. You can access it by entering **U3A Clarence** into your search engine. Please take the time to explore as there is a wealth of information available.

You can register, enrol and pay on line.

The FAQ page has the answers to most queries.

Please let us know if you have suggestions for improvements or if there is something else you would like to see included.

TO ENROL ON LINE

There are several entry points to the enrolment form throughout the site. Just look on the website for the heading Enrolments, click on that and then follow the instructions.

All categories are mandatory. Your number should be on your name tag (front or back). If you don't have it, just put a zero.

If you are not attending a session, please mark NONE. You do not need to print anything out unless you want it for your own records.

Enrolments, both paper and online, close on Friday June 5th 2015.

Aide Memoire

How about filling in the courses you have chosen in the table below? Then you won't need to wonder at the start of the term what you have put your name down for. Remember too that if you don't hear from one of us you can assume that you have been enrolled in all the courses you have chosen.

Enjoy!

Monday		Wednesday	
Session 1		Session 1	
Session 2		Session 2	
Session 3		Session 3	