

U3A Clarence Newsletter January 2017

U3A CLARENCE INC.

A University of the Third Age
PO Box 774 Rosny Park 7018

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CONTACT DETAILS

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DATES FOR 2017

Classes are held at Rosny LINC on Monday and Wednesday mornings. There are 3 one-hour sessions each day with a choice of courses in each session.

Term 1: Wed March 15th - Wed May 24th. No classes Mon 17th April or Wed 19th April (Easter).

Term 2: Mon June 19th to Wed 23rd August.

Term 3: Mon September 18th to Wed November 22nd.

SESSION TIMES

Session 1 9.30 - 10.25

Morning Tea 10.25 - 10.50

Session 2 10.50 - 11.50

Session 3 12.00 - 1.00



President's Ponderings

Oh my, it hardly seems like any time since I was writing my first message for the newsletter. Now three years have swept by, we are all a little older and wiser, and this will be the last time I write to you in this capacity. I want to thank all of you for your support over the term of my Presidency. You, the members, made the whole job so easy for me. Thanks also go to the more obvious people like the committee members over the three years, the tutors, the set up crew who all assisted me in learning what my role involved and in performing to the standard you have all become accustomed to. Stepping into the shoes of past Presidents was very daunting, especially since I had never carried out a like task before! I had never even chaired a formal meeting. Still, I have enjoyed doing what I did and feel sure I am handing over the reins of a strong organisation to the next incumbent.

I want to remind you about upcoming events like our enrolment day and our A.G.M. I know there will be more detail in the body of this newsletter so I won't repeat dates and times here. I am looking forward to our guest speaker for the A.G.M. I have invited Chris Downs - the Mercury cartoonist - to speak to us. I always enjoy his work, the cartoons he produces have so many aspects to them, I know they warrant close scrutiny to pick up all the points he embodies in them.

I want to remind you all that the A.G.M. is the time the next Committee of Management is elected along with the President and other Office Bearers. If you want any input as to who forms the Committee etc you must be present and you must be a financial member in order to vote. This is an important part of our U3A and it is your chance to influence the running and the future of U3A Clarence.

Finally, may I wish you all a very happy 2017 and may all you hope for come to you in this New Year of our lives.

Jane

MONDAY SESSION 1 9.30-10.25

M111	GERMAN FOR BEGINNERS This course will mostly involve conversation, but there will also be some practice at writing and reading.	KARIN WIDER
M112	LANDFORMS OF THE EARTH Have you ever wondered why the Earth is shaped the way it is? We will be looking at the effects of tectonic movement, volcanism, weathering, mass movement and the role played by running water, glacial ice and wind. Landforms range in size from mountain ranges to small solution ripples. Different rock types also influence landforms.	ALBERT GOEDE
M113	SHAKESPEARE – HIS LIFE AND TIMES We are often told that Shakespeare is a mystery and that little is known about him. Quite wrong; much is known. When we assemble what we do know and link it with events of the times, the great creative spirit is revealed. One that can deal with politics, emotions, tragedy, deep philosophy and love. And, there are some surprises. English speakers should hear this story. Delve into the facts and fictions without any need to wade far into the content of his plays.	DAVID LEAMAN
M114	PAINTING Self-directed painting. New members are welcome in Session 2.	MARGARET DILGER FACILITATOR
M115	GERMAN CONVERSATION Student participation; German conversation; German history; some art; some geography maybe.	SELF DIRECTED
MONDAY SESSION 2 10.50-11.50		
M121	THE WRITERS An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.	COLIN PYEFINCH
M122	TESTING CASTROL (1st 5 WEEKS) A brief look at the driving trials of Castrol oil and Gelnite Jack. AND	JANE HALL
M123	DNA AND YOU (PART 2) (2ND 4 WEEKS) Part 1 looked at DNA as a blueprint for making YOU and especially making your brain and its workings. Part 2 looks at the clues in your DNA to your genetic heritage and those of other hominids of genus <i>Homo sapiens</i> .	JOHN COLL
M124	THE MIDLAND HIGHWAY TUNBRIDGE TO CAMPBELL TOWN Wayne discusses the history of each town along the highway and includes photos of heritage houses and VIPs in the district. Some of the history has not been published before and includes bushranger attacks, scandals, murders etc amongst routine events.	WAYNE SMITH
M125	PAINTING: CONTINUATION FROM SESSION ONE New members welcome.	
M126	LINE DANCING - CONTINUING This is an on-going class. The aim of the class is to have fun and keep the mind and body active. This class is FULL . There is another class scheduled with Bev Chandler.	JILL CANTON
M127	CHAIR-BASED TAI CHI This seated Tai Chi class is a chair-based exercise program which has been modified for seated and supported standing activities. It is ideal for the less mobile individual and involves simple, gentle movements which – together with breathing techniques and guided meditation – can enhance overall fitness, health and improvement in inner wellbeing. Loose comfortable clothing is essential; bare or “socked” feet are preferable; please bring a water bottle.	EILEEN LEVETT
MONDAY SESSION 3 12.00-1.00		
M131	POETRY READING Read poems you like and ones you remember. Recite any verses that tickle your fancy, or maybe a song or rhyme that you’ve written.	GRAEME LINDRIDGE

M132	<p>KALEIDOSCOPE</p> <p>A different speaker will speak on their own area of knowledge or interest. Subjects will be topical and presented at a readily understood level.</p> <table border="1" data-bbox="219 210 1372 1150"> <tr> <td data-bbox="219 210 430 315">20/3/17</td> <td data-bbox="430 210 1031 315">Tasmania over five generations revisited</td> <td data-bbox="1031 210 1372 315">John Biggs</td> </tr> <tr> <td data-bbox="219 315 430 420">27/3/17</td> <td data-bbox="430 315 1031 420">The Roaring 20s</td> <td data-bbox="1031 315 1372 420">Lauren Carpenter</td> </tr> <tr> <td data-bbox="219 420 430 525">3/4/17</td> <td data-bbox="430 420 1031 525">The Tasmania-Fujian Relationship</td> <td data-bbox="1031 420 1372 525">Tony Hope</td> </tr> <tr> <td data-bbox="219 525 430 630">10/4/17</td> <td data-bbox="430 525 1031 630">Black Tuesday</td> <td data-bbox="1031 525 1372 630">Alan Townsend</td> </tr> <tr> <td data-bbox="219 630 430 735">24/4/17</td> <td data-bbox="430 630 1031 735">Plan Your Community Action in 50 Minutes</td> <td data-bbox="1031 630 1372 735">Bob Roddam</td> </tr> <tr> <td data-bbox="219 735 430 840">1/5/17</td> <td data-bbox="430 735 1031 840">This Island – Tasmania in Photographs</td> <td data-bbox="1031 735 1372 840">Mike Calder</td> </tr> <tr> <td data-bbox="219 840 430 945">8/5/17</td> <td data-bbox="430 840 1031 945">TBA</td> <td data-bbox="1031 840 1372 945">Ian Duffy</td> </tr> <tr> <td data-bbox="219 945 430 1050">15/5/17</td> <td data-bbox="430 945 1031 1050">O Hanro San Pilgrimage – Part 1</td> <td data-bbox="1031 945 1372 1050">Armin Howald</td> </tr> <tr> <td data-bbox="219 1050 430 1150">22/5/17</td> <td data-bbox="430 1050 1031 1150">O Hanro San Pilgrimage – Part 2</td> <td data-bbox="1031 1050 1372 1150">Armin Howald</td> </tr> </table>	20/3/17	Tasmania over five generations revisited	John Biggs	27/3/17	The Roaring 20s	Lauren Carpenter	3/4/17	The Tasmania-Fujian Relationship	Tony Hope	10/4/17	Black Tuesday	Alan Townsend	24/4/17	Plan Your Community Action in 50 Minutes	Bob Roddam	1/5/17	This Island – Tasmania in Photographs	Mike Calder	8/5/17	TBA	Ian Duffy	15/5/17	O Hanro San Pilgrimage – Part 1	Armin Howald	22/5/17	O Hanro San Pilgrimage – Part 2	Armin Howald	<p>KEITH HOEY</p>
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M133	<p>UPDATES FROM THE FRONTIERS OF ASTRONOMY AND COSMOLOGY SCIENCE</p> <p>An ongoing course that follows breaking news on discoveries from astronomy and cosmology. This is combined with deep space images as well as near Earth orbit images.</p>	<p>PETER TAYLOR</p>																											
M134	<p>PAINTING: CONTINUATION FROM SESSION ONE</p> <p>New members welcome.</p>																												
M135	<p>CONTINUATION TAI CHI</p> <ol style="list-style-type: none"> 1. Continuation of breathing practice 2. <i>'Wake the Body'</i> exercises 3. <i>Introduction of 8 energy postures</i> 4. Continuation and refinement of Shibashi (18 movements) 5. Extended self-guided meditation 	<p>EILEEN LEVETT</p>																											
M136	<p>ENGLAND IN THE 17TH CENTURY</p> <p>When was England a republic? Who started the Civil War? Where does our system of government come from? What happened to the House of Stuart? Find answers to these questions – and more, as we explore one of the more eventful centuries in English history. Witness the fall of kings, the triumph of law and the beginnings of the Modern Age.</p>	<p>ANTHONY BODEN</p>																											
M141	<p>LINE DANCING – BEGINNERS</p> <p>Line dancing for seniors or beginners, with emphasis on socialising, making new friends, moving, enjoying a variety of music and most important of all, laughing and having fun!</p>	<p>BEV CHANDLER</p>																											

WEDNESDAY SESSION 1**9.30-10.25**

W111	TRAVELLING WITH BRADSHAW'S 1913 The European tourist attractions as they were, using Bradshaw's Tourist Guide to Europe, published in March 1913. A period that would be a last of its kind. You will see the world through the eyes of the people of the time, and European kings, emperors and other leaders approaching the advent of war in 1914. ALTERNATING WITH	MICKEY BENEFIEL
W112	FAMOUS GARDEN DESIGNERS We will study some of the famous garden designers and the gardens they have designed.	PAT OLDING
W113	THE ELECTRON, OUR SERVANT Where would we be without electricity? Where would we be without electronics? How did we manage to discover, understand, tame and utilise this tiny, invisible, enigmatic subatomic particle? Hear the story from one whose professional life was dedicated to investigating, understanding and applying the remarkable properties of the electron, our servant.	IAN DUFFY
W114	MAKING THE MOST OF THE THIRD AGE A guide to navigating the pitfalls and perils of the Third Age. We will have ten different speakers from organisations such as Centrelink, Death with Dignity, COTA, Clarence Positive Ageing and Carers Tasmania. Come along and get some help with planning your future!	ROWENA MACKEAN & JOAN CARR FACILITATORS
W115	SKETCHING/DRAWING Come and join a group of enthusiastic people to follow a passion for sketching and drawing. New members to the group are welcome.	SELF-DIRECTED
W116	MAH JONG Play and/or learn Mah Jong. Two hours for those who want to stay.	JAN CHIPMAN
WEDNESDAY SESSION 2		
10.50-11.50		
W121	SINGING FOR PLEASURE Choral work involving male and female singers- with a varied range of work from shows, gospel, comedy, formal etc. with performances if suitable.	GILLIAN CHAPPELL
W122	OH TO BE JUNG AGAIN! A lively look at some of the more outrageous and fascinating experimental studies that have been carried out. There are many myths about aspects of psychology and students will be encouraged to explore some of these and perhaps lay them to rest.	ELGA SKRASTINS
W123	DISCUSSION GROUP Interested in listening to new ideas, talking about provocative subjects, exploring uncharted territory? Come to and join in the discussion group. The first topic for discussion will be Work in the 21 st Century. Some suggested ideas are: How long will people have to work and what are the downsides to that? Will people still continue to work? Will work become a luxury activity? Which jobs/work will disappear? If there is no work anymore, what do we do? If we don't work anymore, how do we define ourselves? Where does public funding come from to provide services if there is no/little income tax? Future topics and facilitators will be decided by the group.	CAROL ROSSENDELL FACILITATOR
W124	SPANISH This is a continuing course so new students should have a basic knowledge of the language.	SELF-DIRECTED
W125	TAI CHI This class is self-directed and will be following a recently purchased DVD.	SELF-DIRECTED
W126	MAH JONG – CONTINUATION FROM SESSION 1	

WEDNESDAY SESSION 3		12.00-1.00
W131	TRIVIA Form casual or fixed teams in a battle of wits with the quiz masters. Absolutely no experience needed – just be prepared to have fun.	PATRICIA & TONY DOMIGAN
W132	ARMCHAIR TRAVEL The course takes us to all corners of the world. We enjoy cruises, train trips, bus tours, walking adventures, all from the comfort of our chairs at LINC. Details will be on the website.	MARY BOLTON & SUE PAMPLIN
W133	BEGINNERS FRENCH This course will mostly involve conversation, but there will also be some practice at writing and reading.	DES COOPER
W134	PLAY READING If you have ever attended a play that you really liked, come and join in re-creating the sometimes hilarious, sometimes mysterious, but ALWAYS fascinating and fun masterpieces of the theatre. There will be plenty of parts for you to choose from. Something to suit every kind of capability.	MICKEY BENEFIEL
W135	CIRCLE DANCING Dances from different cultures, ancient and modern. Steps are easy, tempo slow to moderate – for the age group anyway. Aim is to enjoy, to the best of our capacity.	KRISTA SANDS
W136	CHESS The course is self-directed, but assistance and guidance is available to beginners and to those wishing to improve their knowledge of this international timeless game/sport.	SELF-DIRECTED

NOMINATION FORM FOR 2017 COMMITTEE

Would you like to serve on the Committee in 2017? It's interesting and rewarding. If you would like to nominate someone, or nominate yourself, fill in this form and return it to U3A by the due date. Take note that you must have someone to nominate you and someone else to second you and then you must sign the form yourself.

Return to the Secretary, U3A Clarence, PO Box 774 Rosny Park 7018 by Friday February 10th 2017.

<p>NOMINATION FORM FOR 2017 OFFICE BEARERS Must be signed by three members</p> <p>Position on committee _____</p> <p>Name _____</p> <p>Nominated by _____</p> <p>Seconded by _____</p> <p>I accept nomination (signature) _____</p>
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2017 ANNUAL GENERAL MEETING

THIS IS REALLY IMPORTANT!

WEDNESDAY 22ND FEBRUARY 2017, 1.30PM IN ROOM 6 AT THE LINC

The Guest Speaker will be Chris Downs, cartoonist from The Mercury. Come along to the AGM and hear how Chris decides on his topics.

Afternoon tea will be provided and this is a good chance to catch up with your friends whom you haven't seen for a while.

Make a note of the date in your diary and please try to be there. New committee members will be elected at this meeting. Remember that you cannot vote unless you have already paid your annual membership fee of \$45 per person.

U3A CLARENCE - DATES FOR 2017

Term 1

Term Dates Wednesday 15th March to Wednesday 24th May

No classes Monday 17th April and Wednesday 19th April (Easter)

Committee Meetings Monday 20th March, Monday 24th April, Monday 15th May 1.15-2.30 Room 7

Term 2

Term Dates Monday June 19th to Wednesday 23rd August

Committee Meetings Monday June 26th, Monday July 24th, Monday August 14th 1.15-2.30

Term 3

Term Dates Monday September 18th to Wednesday November 22nd

Committee Meetings Monday September 25th, Monday October 23rd, Monday November 13th 1.15-2.30
Room 7

Christmas Luncheon Monday November 27th.

PUT ALL THESE DATES IN YOUR DIARY!

ENROLLING ONLINE

It is very simple to enrol online. It is also quicker, cheaper and better for the environment.

1. Just Google *U3A Clarence*. This will take you to the home page on our website.
2. Click on 'Course Info' at the top of the page. From here you can find out about the courses and enrolment.
3. On the **enrolment form** click on the circle next to each course you wish to attend. If you are not attending a session, click *None*.
4. You will notice that your membership number is no longer needed.
5. If two people are enrolling from the same email address, you may need to refresh the page before the second enrolment.
6. Click submit!
7. You should receive an email message confirming your enrolment. If you don't, try again.
8. Next - visit the **Registration/Membership** form and complete your details. Everyone should do this!
9. NOW give yourself a pat on the back and explore the rest of the website!

Closing date for Enrolments Friday February 17th.

ENROLMENT DAY WEDNESDAY 15TH February 2017



10.00am - 12.00noon

Rosny LINC

Room 6



Assistance will be provided for those people who are unable to enrol online.

You will also be able to pay your annual membership fee (\$45).

Make this a social occasion and stay for a chat and refreshments

ANNUAL MEMBERSHIP FEE FOR 2017

\$45 PER PERSON

**YOU MUST SUBMIT THIS FORM OR THE ONLINE MEMBERSHIP FORM
WHETHER YOU PAY ONLINE, OR BY CHEQUE, MONEY ORDER OR CASH**

Name (s) _____ Member number (s) _____

Preferred name (s) for name tag (s) _____

Phone _____ Email address _____

Residential address _____

_____ Post Code _____

Method of payment and amount paid - cheque, money order, cash or direct credit \$ _____

Please make your cheque or money order payable to U3A Clarence and mail with this form to
PO Box 774 Rosny Park 7018 or hand it in at U3A.

You can pay online as follows:

MEMBERSHIP PAYMENTS BY DIRECT CREDIT

Members can pay their U3A Clarence subscriptions by direct credit. Payments can be made by visiting a bank and making a deposit to our account or by electronic funds transfer to our account. Whichever method is used to make a direct credit payment, it is essential that the following information is recorded as part of the transaction:

Account name: University of the Third Age - Clarence Inc

BSB: 067103

Account number: 10059047

Reference: Member's first name and surname

Notes:

1. When making a deposit at a bank you must ensure that your reference information is recorded whether or not the teller asks for the details.
2. All Members are required to submit a membership form (hard copy or online) with their personal details and indicating method of payment.

**If you have any queries about direct credit payments please see the Treasurer,
Terry Mahoney.**

ENROLMENT FORM TERM 1 2017

Name 1.....

Name 2.....

Phone..... Email.....

MONDAY

COURSE	CODE	NAME 1	NAME 2
Session 1 9.30 - 10.25			
German for beginners	M111		
Landforms of the Earth	M112		
Shakespeare - his life and times	M113		
Painting	M114		
German conversation	M115		
Session 2 10.50 - 11.50			
The Writers	M121		
Testing Castrol (1 st 5 weeks)	M122		
DNA and you (2 nd 4 weeks)	M123		
Midland Highway	M124		
Painting cont.	M125		
Line Dancing	M126		
Chair based Tai Chi	M127		
Session 3 12.00 - 1.00			
Poetry reading	M131		
Kaleidoscope	M132		
Updates and Oddities of Astronomy	M133		
Tai Chi continuation	M134		
England in the 17 th century	M135		
Session 4 1.15 - 2.15			
Line dancing beginners	M141		

WEDNESDAY

COURSE	CODE	NAME 1	NAME 2
Session 1 9.30 - 10.25			
Travelling with Bradshaw/Garden designers	W111		
The Electron, our servant	W112		
Making the most of the Third Age	W113		
Sketching/Drawing	W114		
Mah Jong	W115		
Session 2 10.50 - 11.50			
Singing	W121		
Oh to be Jung again!	W122		
Discussion group	W123		
Spanish	W124		
Tai Chi	W125		
Mah Jong continued	W126		
Session 3 12.00 - 1.00			
Trivia	W131		
Armchair Travel	W132		
Beginners French	W133		
Play reading	W134		
Circle Dancing	W135		
Chess	W136		

**YOU CAN EITHER
BRING THIS PAGE
TO THE
ENROLMENT DAY
(15TH FEBRUARY)**

OR MAIL TO

**U3A
ENROLMENTS, PO
BOX 774, ROSNY
PARK, 7018 BY
FRIDAY
FEBRUARY 17TH**

OR

**YOU CAN ENROL
ONLINE.**

**SUMMER PROGRAM 2017, UNIVERSITY OF THE THIRD AGE (U3A) HOBART INC.
ALL WELCOME.**

**Venue: The Lecture Theatre, Philip Smith Centre
2 Edward Street The Glebe, Hobart.**

Time: 10-11am

Entry: Gold Coin. (Morning tea included afterwards.)

Enquiries - the convenor: 0431 860 086



A SUMMER BUFFET OF BRAIN FOOD.

Tuesday January 17th: "Something is wrong with our science." Dr. Paulo Desouza CSIRO. Some problems are apparently too complex for science to solve. What might be going wrong?

Thursday January 19th: "Australia's Northward Tectonic Migration and its influence on Antarctic Climate." Dr Jo Whittaker IMAS.

Tuesday January 24th: "Would you like ice with that?" Dr Julia Jabour IMAS. Antarctic tourism in a changing world that is warming and melting.

Tuesday January 31st: "The Future of Autism." Dr Cassie le Fevre. Diagnosis, current issues and ways we can make Tasmania an autism friendly State.

Thursday February 2nd: The Maureen and Roy Davies Memorial Lecture - "Takayne / The Tarkine"
Dr. Bob Brown. Life Sciences Theatre One, UTAS, Sandy Bay.

Thursday February 9th: "Dreams and Imagination." Dr Peter O' Connor. The relationship between dreams and imagination, based on research, with examples.

Tuesday February 14th: "A double dose of a deadly devil cancer." Dr Greg Woods. Unique features of this deadly cancer and progress of vaccine to prevent extinction of our Tasmanian Devils.

Thursday February 16th: "The World Arm-to-arm." Prof. Michael Bennett. The global spread of smallpox vaccine 1800-1805. How did people respond to the cowpox vaccine and how did smallpox spread so quickly?

Tuesday February 21st: "Closing the gap in meeting Aboriginal housing. Prof. Daphne Habibi. The significances of difference in the meanings of home and its implications.

Thursday February 23rd: "Films for Thought." Paul Bywater. Paul will select some short Australian films from his extensive archive to make us think, followed by a cheese and champagne morning tea.

The U3A parking area which supports 70 car spaces is located on Aberdeen Street, adjacent to the tennis courts. The entrance is opposite Corinda B&B. Parking is free and vouchers are not required for the summer program. There is also limited street parking.