

# U3A Clarence Newsletter January 2016

**U3A CLARENCE INC.**  
**A University of the Third Age**  
**PO Box 774 Rosny Park 7018**

## Enquiries:

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## CONTACT DETAILS

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Website: <http://u3aclarence.com>

Classes are held at Rosny LINC on Monday and Wednesday mornings. There are 3 one-hour sessions each day with a choice of courses in each session.

## DATES FOR 2016

**Term 1** Wed 16 March - Wed 25 May.

No classes Monday 28 March and Wednesday 30 March (Easter), or Monday 25 April (Anzac Day).

**Term 2** Mon 20 June - Wed 24 August.

**Term 3** Mon 19 Sept - Wed 23 Nov.

## SESSION TIMES

Session 1 9.30 - 10.25

**Morning Tea 10.25 - 10.50**

Session 2 10.50 - 11.50

Session 3 12.00 - 1.00



## President's Ponderings

Well, here we are into 2016 already.

I do hope that your Christmas Season was all you hoped it would be and that this New Year brings health and happiness.

I like to think that I now have 366 (this is a leap year) days to be able to make someone else's day by a smile, a good deed or a kind word. I certainly try to live by that ideal.

Our Christmas Luncheon went well as always. I am always very impressed by the amount of help you the members give, whether in the form of donations for the raffle, part of the entertainment or physically assisting with set up/pack up tasks. The raffle went off well - I even won a prize! Thank goodness I wasn't the one who drew the ticket, that would have looked a bit suspicious. The proceeds, as you know, went to the Menzies Centre this year. I cannot name all those who contributed to the smooth running of the whole event but I do think that special kudos goes to Fran Hall who organised and oversaw the proceedings. Thank you Fran.

Please remember our AGM coming up in February - 17th at 1.30 pm. More about that elsewhere in the newsletter. The guest speaker I had organised has been reassigned by her employer but the good news is that they have arranged a replacement speaker so we will have the same theme from the same researchers. I feel sure the replacement will be an excellent speaker with an interesting presentation. We will also be electing our office bearers and committee at the AGM. This is your chance to have a say in who is on the Committee and helping to "run" your U3A.

I look forward to seeing everyone back in Term 1. Take note that we have only 8 Mondays in Term 1 because of both Easter and ANZAC day. This applies to this year only and there are the usual number of Wednesdays. See you then.

Jane Hall  
President

**MONDAY SESSION 1****9.30-10.25****M111 CRYPTIC CROSSWORDS****FRANK BROWN**

Over 50 years' experience at tackling these counter-dementia puzzles and Frank still gets stuck.

**Levy \$2****M112 GREAT BUILDERS****DAVID LEAMAN**

A different take on the history of architecture using a selection of buildings, some well-known, others not so well known, in order to review materials and techniques with an emphasis on the Who and How.

**M113 THE BRONTES****JOAN CARR**

The Bronte story has always been riddled with myths. This course is about the whole Bronte family as they lived, not in isolation but as a group of brilliant but very unusual people. Some good holiday reading would be any of their books but don't worry if you have never read them - we'll look at some of their books and also the films that have been made of them.

**M114 PAINTING****PAT OLDING FACILITATOR**

The group is self-led and works mainly with watercolour but includes sessions using pencil, pen, pastels, and acrylics. Each new topic is introduced by a member of the group. Session 1 is a continuation from last year but new members are welcome in Session 2 when there will be members ready to assist them.

**Class limit 16.****M115 OUR ANIMAL NATURE****HELEN LAWRENCE AND VARIOUS SPEAKERS**

Evolution evolves - it never stays still for long. This course follows our progression from single cells containing no nucleus, through many life stages to some pretty impressive peaks.

**MONDAY SESSION 2****10.50-11.50****M121 THE WRITERS****COLIN PYEFINCH**

An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.

**Class limit 15****M122 SCIENCE OF SOME "NEW" INNOVATIVE TOYS #2****PETER MANCHESTER**

Many toys besides being entertaining teach children and adults (?) the fundamentals of magnetism, light, laws of motion, aerodynamics, electricity, chemistry and thermodynamics. Showing "new" toys and kits demonstrating the major fundamentals of the sciences.

**M123 THE PORT OF HOBART****REX COX**

A history of the port's physical development, looking also at the events, ships and people that have been part of its story.

**M124 PAINTING: CONTINUATION FROM SESSION ONE****SELF-DIRECTED**

New members welcome.

**M125 LINE DANCING****JILL CANTON**

This is a class of fun, using your mind and body and just enjoying yourself while learning how to dance. Cowboy hats and boots are not necessary.

**Class limit 24****M126 ITALIAN CONVERSATION****ROSANNE JOYCE**

Conversation based on magazine articles.

**Levy \$5 Class limit 6**

**MONDAY SESSION 3****12.00-1.00****M131 GERMAN CONVERSATION****PAUL THOST**

German conversation; then introduction of German Poets - Schiller, Goethe, and some basic German history in C19th.

**Class limit 25****M132 KALEIDOSCOPE****CHRIS WATTS AND PETER GREEN**

Ten different speakers will speak on their own area of interest or expertise.

**See the website for details.****M133 UPDATES AND ODDITIES OF SPACE SCIENCES AND ASTRONOMY****PETER TAYLOR**

We will examine science images and news from observatories, satellites and deep space missions. The information will be presented via Powerpoint images and this information explained for the better understanding and appreciation of the nature and beauty of the universe.

**M134 THE UNDERWORLD****ALBERT GOEDE**

This course deals with the nature and exploration of caves and the techniques involved in their investigation. Caves fascinate both sportsmen and scientists. They are a source of information about the past and provide a habitat for many unique animals.

**M135 TAI CHI****EILEEN LEVETT**

Tai Chi is a centuries-old Chinese discipline, rooted in Taoism - the movements and principles of which are derived from the complementary relationship between Yin and Yang, 2 elements vital to the practice of Tai Chi.

**More information on the website.**

**Class limit 20****M136 THE FABIAN SOCIALIST SOCIETY****RICHARD DAVIS**

The course will look at the Fabian Society from George Bernard Shaw in late 19th century England to Gough Whitlam and Julia Gillard more recently. It concentrates on interesting personalities, including Sidney and Beatrice Webb, Annie Besant, HG Wells, Clement Attlee. The Society in its different countries emphasises rational discussion of all social problems.

**WEDNESDAY SESSION 1****9.30-10.25****W111 GERMAN FOR BEGINNERS****KARIN WIDER**

German for beginners. The course will mostly involve conversation, but there will also be some practice at writing and reading.

**W112 MEDICAL MYTHS, LIES AND HALF-TRUTHS****JANE HALL**

In 2015 I introduced this "Great Course". There are many more topics than could be covered in a ten week course - this is the second (and final) series. There are lectures by an expert on DVD, each one takes about half an hour. I then expand on each topic based on research and experience.

**W113 MADNESS: FROM THE BIBLE TO THE MADHOUSE TO MODERN MEDICINE****STEVE TOLBERT**

The unit traces the long and complex history of madness and our attempts to treat it.

**W114 SKETCHING/DRAWING****SELF-DIRECTED**

Come and join a group of enthusiastic people to follow a passion of sketching and drawing. New members to the group are welcome.

**W115 MAH JONG****JAN CHIPMAN**

Play and/or learn Mah Jong. Two hours for those who want to stay.

**Class limit 20 but only 8 beginners.**

**WEDNESDAY SESSION 2****10.50-11.50****W121 SINGING****GILLIAN CHAPPELL**

Choral work involving male and female singers- with a varied range of work from shows, gospel, comedy, formal etc. with performances if suitable.

**Levy \$5.00****W122 THE CROOKED ROAD RETURNS****IAN DUFFY**

By repeated requests, "*The Crooked Road*" returns. From superstition to science, from religion to reason, from Thales to Newton, we tread the historical path toward the Scientific Revolution and the Enlightenment. There's history, philosophy, science, art, literature and music in this expanded version of the popular 2010 course.

**W123 THE MIDLAND HIGHWAY - OATLANDS TO ROSS****WAYNE SMITH**

This will feature Powerpoint presentations showing images of bridges and buildings of historical interest. The talks will be liberally spiced with local stories about bushranger raids, town gossip, murders, atrocities, scandals etc. with pen sketches of the town founders and principal landowners.

**W124 SPANISH****SELF-DIRECTED**

This is a continuing course so new students should have a basic knowledge of the language.

**W125 TAI CHI****SELF-DIRECTED**

This class is self-directed and will be following a DVD recently purchased.

**Class limit 20****W126 MAH JONG CONTINUED****JAN CHIPMAN****WEDNESDAY SESSION 3****12.00-1.00****W131 FACING THE MUSIC****CHRIS CARSON**

Classical music over 1500 years using LP records and cassette tapes. Musical appreciation and discussion of techniques.

**W132 ARMCHAIR TRAVEL****ANN FRITH AND JAN GREEN**

We have many adventures to amazing destinations. Some are local while others take us to many interesting places overseas. A great way to go on a new holiday every week.

**W133 PLAY READING****DES COOPER**

Enjoy losing yourself in reading the part of a different character. No experience necessary - just a voice!

**W134 TRIVIA****PATRICIA & TONY DOMIGAN**

Here's your chance to use your general knowledge and have a bit of fun at the same time. Join a team and compete against others vying to be the superior team of the day.

**Levy \$2.****W135 CIRCLE DANCING****KRISTA SANDS**

Easy to somewhat more challenging dances from various cultures. Good gentle exercise that builds grey matter and grace.

**W136 CHESS****MERV KERSHAW**

Come along and fuel those "little grey cells" Enjoy a game with other members or learn a new game so you can play with your grandchildren. Bring along a sandwich or a snack and get your mental processes going.

**Russia: Icon or Enigma - Eileen Levett- November 2015**  
**by Chris Bishop**

Russia: Icon or Enigma was the question she posed.  
That we should examine the evidence and choose at the close.

Ivan the Terrible who perhaps wasn't such a fiend.  
Although in the end he fell apart at the seams.  
Catherine the Great was an outright autocrat.  
Many Russian men didn't like that.

From Moscow in the west to the Bering Sea in the east.  
For this land mass to govern is really some feat.  
After the revolution the communists took power.  
Vladimir Lenin, cometh the man, cometh the hour.

Now Stalin took power and ruled with iron will.  
Murder, bloody murder, the red tsar had his fill.  
Gorbachev was not one for taking orders.  
He set in place a new world order.

Now Boris Yeltsin was an outright drunk.  
On many state occasions of drink he stunk.  
Now Eileen's grasp of Russian words are just fine,  
Some in the audience would say even sublime.

But her favorite Russian we know is now Putin.  
He is very fond of animals and shooting.  
Seeds of world discontent he doth sow.  
Although many Russians just go with the flow.

Eileen calls him the little tsar, you see.  
This describes him to an absolute tee.  
So Russia: Icon or Enigma, Eileen you posed.  
That thought has been keeping us on our toes.

For the thanks, your gift, vodka we chose.  
But the price of the spirit was right on the nose.  
For all of the work you've put into the course  
Here's a pen and some chocs to eat without remorse.

**U3A CLARENCE ANNUAL GENERAL MEETING 2016**  
**Wednesday 17th February, 1.30pm in room 6 at the Library**  
**Afternoon tea will be provided.**

**Make a note of the date in your diary and please try to be there.**  
**Andrea Price - Wicking Dementia Research & Education Centre**

**Andrea Price** is an Early Career Academic and lecturer with the Bachelor of Dementia Care at the University of Tasmania. A registered nurse with post-graduate qualifications in mental health nursing, health services management, aged care nursing, and a Master of Nursing, Andrea has held varied nursing roles in Australia and England over a period of more than 20 years. These roles include aged rehabilitation, residential aged care, educator, teaching nursing students, community nurse, continence advisor, aged care quality assessor, older persons' mental health clinician, clinical nurse consultant for cognition, and behavioural consultant with the Dementia Behaviour Management Advisory Service.

Andrea has also provided annual dementia education programs to aged care providers in Japan. Her professional interests focus on the care of people who are living with dementia, including developing staff knowledge about dementia to enhance care and promote autonomy for people with dementia.

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**NOMINATION FORM FOR 2016 COMMITTEE**

**Would you like to serve on the Committee in 2016? It's interesting and rewarding. If you would like to be nominated yourself or you would like to nominate someone else, fill in this form and return it to U3A by the due date. Take note that you must have someone to nominate you and someone else to second you and then you must sign the form yourself.**

**NOMINATION FORM FOR 2016 OFFICER BEARERS**  
**Send to the Secretary PO Box 774 Rosny Park 7018**  
**before Friday February 12th 2016**  
**Must be signed by three members**

Position on committee \_\_\_\_\_

Name \_\_\_\_\_

Nominated by \_\_\_\_\_

Seconded by \_\_\_\_\_

I accept nomination (signature) \_\_\_\_\_

## AIDE MEMOIRE

Fill in the courses you have enrolled in, so that on the first day of term you will know what you're doing.

Monday	Wednesday
Session 1	Session 1
Session 2	Session 2
Session 3	Session 3

## U3A CHOIR

Special thanks are due to the U3A Choir for their singing at Roches Beach Living Carol Celebration on Monday December 7<sup>th</sup>. It was a bittersweet occasion for the choir members as it was our last function with our wonderful teacher and conductor for the past eight and a half years, Adrienne Cooper. After the Carols we paid tribute to Adrienne with a particularly robust rendition of her favourite song, Jerusalem and I doubt whether there was a dry eye in the ranks of the choir.

My apologies go to all those who went without lunch; I had catered for 60, thinking that was very optimistic as the attendance at the same function the previous year was only about 30 counting the choir. But in 2015 there were more than 100 people so the food ran out. No complaints though, it was a wonderful day for all who were there. Thanks also to Graeme Wootton for taking photos. Here are two of them below.



## SUBSCRIPTION PAYMENTS BY DIRECT CREDIT

### You can pay online as follows:

Members can pay their U3A - Clarence subscriptions by direct credit. Payments can be made by visiting a bank and making a deposit to our account or by electronic funds transfer to our account. Whichever method is used to make a direct credit payment, it is essential that the following information is recorded as part of the transaction:

**Account name: University of the Third Age - Clarence Inc**

**BSB: 067103**

**Account number: 10059047**

**Reference: Member's first name and surname**

### Notes:

1. Some banks have ceased using paper-based deposit forms.
2. When making a deposit at a bank you must ensure that your reference information is recorded whether or not the teller asks for the details.
3. Members paying their subscription by direct credit still are required to submit a subscription form with their personal details and indicating that they have paid by direct credit. This subscription form can be submitted with their hard copy enrolment form.
4. Members enrolling electronically still are required to submit a completed subscription form.
5. Members are advised not to pay through an ATM as this will not give any details such as your name to the Treasurer.

**If you have any queries about direct credit payments please see our  
Treasurer, Terry Mahoney.**

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**U3A CLARENCE - ANNUAL SUBSCRIPTION FOR 2016  
\$45 PER PERSON**

**YOU MUST SUBMIT THIS FORM WHETHER YOU PAY  
ONLINE, OR BY CHEQUE, MONEY ORDER OR CASH**

Name (s) \_\_\_\_\_

Preferred name (s) for name tag (s) \_\_\_\_\_

Phone \_\_\_\_\_ Email address \_\_\_\_\_

Residential address \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Method of payment and amount paid - cheque, money order, cash or direct credit \$ \_\_\_\_\_

Please make your cheque or money order payable to U3A Clarence and mail with this form to  
PO Box 774 Rosny Park 7018 or hand it in at U3A.



## **ENROLMENTS FOR TERM 1 2016**

**Wednesday 16 March to Wednesday 25 May**

**(No classes on Mon 6 Apr and Wed 8 Apr because of Easter, or on Mon 25 Apr because of Anzac Day)**

### **PLEASE READ CAREFULLY**

- You can enrol in as many courses as you like. You may assume your enrolment has been accepted unless we notify you otherwise.
- Fill in the details at the top of the form. You no longer need your member number. Please print clearly.
- Tick on the classes you wish to attend on each day
- For couples, fill in both names and both member numbers and tick appropriate columns.
- If you know you are going to be away for part of the term, please indicate and do not enrol for a class with a numbers limit.

**Please return to: U3A Clarence Enrolments  
PO Box 774 ROSNY PARK 7018  
By Friday 5 February 2016**

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## **HOW TO ENROL ONLINE**

**It is very simple to enrol online. I can hear voices saying 'It's all right for them to say that!' - but it is true. It is also quicker, cheaper and better for the environment.**

1. **Just Google U3A Clarence. This will take you to the home page on our website.**
2. **Click on 'Course Info' at the top of the page. From here you can find out about the courses and enrolment.**
3. **On the enrolment form click on the circle next to each course you wish to attend. If you are not attending a session, click None.**
4. **You will notice that your membership number is no longer needed.**
5. **If two people are enrolling from the same email address, you may need to refresh the page before the second enrolment.**
6. **Click Submit!**

**NOW give yourself a pat on the back and explore the rest of the website!**

## ENROLMENT FORM

Name 1 \_\_\_\_\_

Name 2 \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

### MONDAY

COURSE	CODE	NAME 1	NAME 2
<b>Session 1      9.30 - 10.25</b>			
Cryptic Crosswords	M111		
Great Builders	M112		
The Brontes	M113		
Painting	M114		
Our Animal Nature	M115		
<b>Session 2      10.50 - 11.50</b>			
The Writers	M121		
Science of New Innovative Toys	M122		
The Port of Hobart	M123		
Painting Continuation	M124		
Line Dancing	M125		
Italian	M126		
<b>Session 3      12.00 - 1.00</b>			
Advanced German with Conversation	M131		
Kaleidoscope	M132		
Updates and Oddities of Astronomy	M133		
The Underworld	M134		
Tai Chi	M135		
Fabian Socialist Society	M136		

### WEDNESDAY

COURSE	CODE	NAME 1	NAME 2
<b>Session 1      9.30 - 10.25</b>			
Beginning German	W111		
Medical Myths, Lies, and Half-truths	W112		
Madness: from the Bible to the Madhouse	W113		
Sketching/Drawing	W114		
Mah Jong	W115		
<b>Session 2      10.50 - 11.50</b>			
Singing	W121		
The Crooked Road Returns	W122		
Tour of the Midland Highway continued	W123		
Spanish	W124		
Tai Chi	W125		
Mah Jong continued	W126		
<b>Session 3      12.00 - 1.00</b>			
Facing the Music	W131		
Armchair Travel	W132		
Play Reading	W133		
Trivia	W134		
Circle Dancing	W135		
Chess	W136		

YOU CAN EITHER  
ENROL ON THIS  
PAGE AND SEND  
IT IN BY MAIL TO  
U3A ENROLMENTS,  
PO BOX 774,  
ROSNY PARK, 7018  
BY FRIDAY  
5 FEBRUARY

OR

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ONLINE. DETAILS  
OF HOW TO DO  
THIS ARE ON THE  
PREVIOUS PAGE.