

U3A Clarence Newsletter August 2018

U3A CLARENCE INC.
A University of the Third Age
PO Box 774 Rosny Park 7018

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CONTACT DETAILS

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DATES FOR 2018

Classes are held at Rosny LINC on Monday and Wednesday mornings.

There are 3 one-hour sessions each day, with a choice of courses in each session.

Term 2: ends on Wed. 22nd August.

Term 3: Mon Sept. 17th to Wed. November 21st.

Enrolments due: Sept. 7th.

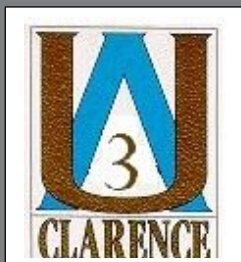
SESSION TIMES

Session 1 9.30 - 10.25

Morning Tea 10.25 - 10.50

Session 2 10.50 - 11.50

Session 3 12.00 - 1.00



President's Message August 2018

In this newsletter, we have another exciting program to interest us in the third term of 2018. I am perpetually grateful to the tutors, who give their time to provide us with new and continuing information and activities.

I find that when I have completed a course, I notice and appreciate additional facts on the subject which I would not have noticed before. So, a new book or newspaper article I read, or a TV documentary I see, is more interesting and has greater insight if I have previously taken a course on the subject. It seems to bring the issues to life. So the work of our tutors echoes through my further activities. This should not be a surprise but it is a delight.

The less formal but wide ranging discussion groups always contain at least one gem of comment which stays with me. I must confess to being nonplussed at times, that people who are more intelligent than I and whom I respect, do not always hold the same opinions that I do. How strange! Joking aside, it is this exchange of very different viewpoints which make the discussions so interesting and they open my mind to a different, perhaps more balanced view.

This term, I have been particularly enjoying Britain on Film with Paul Bywater, so bitter sweet. We are the first generation to be able to easily see our parents, their contemporaries or our younger selves on film. The past is less far away to us than to our grandparents at the same age who relied on memory alone.

Activities which are not so information focused such as Tai Chi, meditation, circle dancing, painting or art give greater enhancement to the inner being of those taking part and enhance their physical health.

As usual, we have a well-balanced mix of courses covering most aspects of intellectual and physical well-being for us in our third age. All of this, of course, is almost self evident but I try not to take it for granted. It is good sometimes to see expected things in a fresh light.

As Oliver Wendell Smith said:-

A man's mind, stretched by new ideas, may never return to its original dimensions.

You have been warned!

Jocelyn Head (getahead@bigpond.net.au)

President

TERM 3 PROGRAM: MONDAY SESSION 1: 9.30-10.25

M311	GERMAN FOR BEGINNERS This course will mostly involve conversation, but there will also be some practice at writing and reading.	KARIN WIDER
M312	BRITAIN ON FILM: THE 1940S AND 1950S We will look at public information films and docu-dramas made during the 1940s and early 1950s for screening in cinemas by government departments and private producers. These will provide an insight into British life and attitudes during the war years and up to the Festival of Britain in 1951.	PAUL BYWATER
M313	INDIAN CUISINE (first 5 weeks) Enjoy the styles and flavours of one of the great cuisines of the world. Learn to cook different dishes, and get wonderful recipes.	GERRY & YO FREED
M314	TURNING POINTS IN THE HISTORY OF ART (last 5 weeks from 22 Oct) A look at Art History from earliest art to contemporary. In particular, how is it affected by the historical and social context to which it belongs, what major changes take place in and why. The content will be similar to last year's course, but taken at a more leisurely pace allowing for more audience participation and some extra content. To be continued Term 1, 2019.	ANNA MELTON
M315	PAINTING This is a self-directed course working predominantly in watercolour. This class is full.	FACILITATOR: MARG DILGER
M316	CRAFTY CHRISTMAS (first 5 weeks) Sharing decorating ideas for Christmas.	GAYE HYND
M317	GHOSTLY TALES OF TASMANIA (last 5 weeks from 22 Oct) This is a look at Tasmanian folklore and facts about spooks, spectres and things that go bump in the night. Believe in these or not, this will look at Tasmania's past and how the tales grew in the first place. The past 200 years are well documented and the stories are relatively intact.	JANE HALL
TERM 3 PROGRAM: MONDAY SESSION 2: 10.50-11.50		
M321	THE WRITERS An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.	COLIN PYEFINCH
M322	HISTORY OF CLIMATE CHANGE This course will look at the history of climate change.	ALBERT GOEDE
M323	A VIRTUAL WALK ALONG THE MIDLAND HIGHWAY A virtual walk through the history of Campbell Town, Cleveland and Perth incorporating biographies of pioneers, photos of heritage properties, the first settlers, later property owners and district folklore including bushranger raids and local scandals.	WAYNE SMITH
M324	PAINTING This is a self-directed course working predominantly in watercolour. New members welcome.	MARGARET DILGER
M325	LINE DANCING – CONTINUING This course is for people who have been line dancing here or elsewhere. It is NOT for beginners. We dance to a variety of music, the emphasis being on socialising and having fun while being physically active. This course is full.	BEV CHANDLER
M326	SEATED (CHAIR-BASED) TAI CHI/SHIBASHI Chair-based Tai Chi/Shibashi (one of the many branches of Tai Chi) aims to encourage overall health and a feeling of well-being and mindfulness.	EILEEN LEVETT
TERM 3 PROGRAM: MONDAY SESSION 3: 12.00-1.00		
M331	POETRY READING Read poems you like and ones you remember. Recite any verses that tickle your fancy, or maybe a song or rhyme that you've written.	CHRIS BISHOP
M332	KALEIDOSCOPE A different speaker will speak on their own area of knowledge or interest. Subjects will be topical and presented at a readily understood level. The dates may vary for each speaker.	JANE HALL & JULIE BOTHMAN

M332	<table><tr><td>17/9/18</td><td>Discussion on Research</td><td>Tony Cook</td></tr><tr><td>24/9/18</td><td>How to Deconstruct a Newspaper</td><td>Sheila Allison</td></tr><tr><td>1/10/18</td><td>“Share the Dignity”</td><td>Tania</td></tr><tr><td>8/10/18</td><td>Towards Zero Tasmanian Safety Strategy 2017-2026</td><td>Craig Hoey</td></tr><tr><td>15/10/18</td><td>The Healthy Brain Project Report</td><td>Menzies Centre</td></tr><tr><td>22/10/18</td><td>A Musician’s Journey in Time and Place</td><td>Michael Fortescue</td></tr><tr><td>29/10/18</td><td>Discussion of Intergenerational Research Findings</td><td>Peta Cook</td></tr><tr><td>5/11/18</td><td>Collecting</td><td>Lauren Carpenter (ABC Collectors)</td></tr><tr><td>12/11/18</td><td>A Guide Dog’s Journey to Helping People with Low Vision</td><td>Kristy Wright and Dexter (RGT)</td></tr><tr><td>19/11/18</td><td>Protecting your Finances</td><td>Kerri Rose and Annette Horsley (COTA)</td></tr></table>	17/9/18	Discussion on Research	Tony Cook	24/9/18	How to Deconstruct a Newspaper	Sheila Allison	1/10/18	“Share the Dignity”	Tania	8/10/18	Towards Zero Tasmanian Safety Strategy 2017-2026	Craig Hoey	15/10/18	The Healthy Brain Project Report	Menzies Centre	22/10/18	A Musician’s Journey in Time and Place	Michael Fortescue	29/10/18	Discussion of Intergenerational Research Findings	Peta Cook	5/11/18	Collecting	Lauren Carpenter (ABC Collectors)	12/11/18	A Guide Dog’s Journey to Helping People with Low Vision	Kristy Wright and Dexter (RGT)	19/11/18	Protecting your Finances	Kerri Rose and Annette Horsley (COTA)
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M333	UPDATES OF THE FRONTIERS OF ASTRONOMY AND COSMOLOGY SCIENCE PETER TAYLOR We will look at new developments in astronomy, the discoveries and how they are continually changing and updating our views on the universe.																														
M334	CONTINUATION TAI CHI/SHIBASHI EILEEN LEVETT Tai Chi/Shibashi (one of the many branches of Tai Chi) will aim to: 1. refine current technique 2. introduce <i>Yi Jin Jing</i> – 12 new ‘Energy Postures’ 3. encourage continuing health, a feeling of well-being and mindfulness																														
M335	SPANISH SELF DIRECTED This is a continuing course so new students should have a basic knowledge of the language.																														
M336	GERMAN CONVERSATION SELF DIRECTED German conversation for German speakers wanting conversational practice. New members are welcome in the group but you need to have a reasonable grasp of the language.																														
	TERM 3 PROGRAM: MONDAY SESSION 4: 1.15-2.15																														
M341	LINE DANCING - CONTINUING BEV CHANDLER Line dancing for seniors or beginners. We dance to a variety of music, the emphasis being on socialising and having fun while being physically active.																														

	TERM 3 PROGRAM: WEDNESDAY SESSION 1: 9.30-10.25	
W311	EXTREME GEOLOGY	PETER STEVENSON
W312	THE THUCYDIDES TRAP: IS WAR BETWEEN CHINA & AMERICA INEVITABLE? (first 5 weeks) Thucydides Trap: when a rising power threatens to displace a ruling one, the most likely outcome is war. This has happened 16 times in the last 500 years: 12 ended in war. How likely is a 13 th ?	STEVE TOLBERT
W313	TRAVELLING THE SEVEN SEAS WITH BRADSHAW'S (last 5 weeks from 24 Oct) A continuation of a course presented in 2017. The European tourist attractions as they were, using Bradshaw's Tourist Guide to Europe, published in March 1913. A period that would be the last of its kind. You will see the world through the eyes of people of the time, and European kings, emperors and other leaders approaching the advent of war in 1914.	MICKEY BENEFIEL
W314	CHAUCEER'S PEOPLE The Middle Ages were turbulent times. In the fourteenth century alone, England was ravaged by war, plague, revolt and the overthrow of a king. Among the surviving records, the poetry of Geoffrey Chaucer is the most vivid. But what can it tell us about the everyday lives of medieval men and women?	MARGARET ROSE & ROWENA MACKEOWN
W315	TRADITIONAL CHINESE PAINTING This class is an opportunity to learn traditional Chinese painting from a Chinese artist who works in the field. Michael is visiting from China and is offering these sessions to Clarence U3A.	MICHAEL WU
W316	MAH JONG Play and/or learn Mah Jong. Two hours for those who want to stay.	JAN CHIPMAN
	TERM 3 PROGRAM: WEDNESDAY SESSION 2: 10.50-11.50	
W321	SINGING FOR FUN Choral work involving male and female singers- with a varied range of work from shows, gospel, comedy, formal etc. with performances if suitable.	BEV CHANDLER & REGAN LOVE
W322	WHAT MAKES WESTERN MUSIC SO UNIQUE? Why do we like some musical works and dislike others? This course looks at how Western music evolved from Egyptian through to the 20 th century, and why it speaks to us logically and emotionally. We delve into the elements of music looking at melody, harmony, rhythm, texture, dynamics and how they affect us.	NINA THOMAS
W323	FRENCH CLUB Continuing course for those participants from last term. Newcomers are welcome but some basic knowledge of the language would be preferable.	SELF DIRECTED
W324	SKETCHING/DRAWING	SELF DIRECTED
W325	TAI CHI This class is self-directed and will be following a recently purchased DVD.	SELF-DIRECTED
W326	MAH JONG – CONTINUATION FROM SESSION 1	
	TERM 3 PROGRAM: WEDNESDAY SESSION 3: 12.00-1.00	
W321	DNA AND YOU (A rerun) The course looks at the development of genetics and the vital role of DNA in our present and past self-images.	JOHN COLL
W332	ARMCHAIR TRAVEL The course takes us to all corners of the world. We enjoy cruises, train trips, bus tours, walking adventures, all from the comfort of our chairs at LINC.	MARY BOLTON & SUE PAMPLIN

		19/9/18	Unseen Italy and Slovenia	John Bothman	
		26/9/18	Wilds of Scotland	Pat Olding	
		3/10/18	China	Maggie McKerrbreher	
		10/10/18	South America	Sally O'May	
		17/10/18	TBA	Genevieve Atkins	
		24/10/18	Brazil and Colombia	Warwick Moore	
		31/10/18	Finland	Peter Sands	
		7/11/18	Norway	Pat Jeffery	
		14/11/18	Italy	Jude Mudaliar	
		21/11/18	TBA		
W333	FELLOW AUSTRALIANS WHO LEAD INTERESTING AND DIFFERENT LIVES PATRICIA CORBY People are so interesting. I love meeting and learning about them. This term we have 10 new people to get to know – an Ashley boy turned altar boy, a migrant ABC reporter, a Tasmanian gardener and indigenous rights activist, a celebrated artist, a youth outreach worker and numerous others I have found on my discovery path. Come along and meet them!				
W334	PLAY READING MICKY BENEFIEL If you have ever attended a play that you really liked, come and join in re-creating the sometimes hilarious, sometimes mysterious, but ALWAYS fascinating and fun masterpieces of the theatre. There will be plenty of parts for you to choose from. Something to suit every kind of capability.				
W335	CIRCLE DANCING PETER SANDS & ANGELA TAMAYO Circle dancing draws its roots from European folk dance traditions such as Balkan, Greek, Rom and Israeli dance. The music is incredibly varied, from traditional Gypsy to modern folk and classical. Circle dancing is exercise for the body and the soul, and the circle is open and welcoming. Angela will teach mainly traditional Balkan, and Peter mainly contemporary circle dances.				
W336	CHESS SELF DIRECTED The aim of this course is to introduce the game to beginners and assist in the improvement of skills for those wishing to improve their game. Above all, the aim is to enjoy this ancient game.				
	TERM 3 PROGRAM: WEDNESDAY SESSION 4: 1.15-2.15				
W341	LINE DANCING – CONTINUING 2 BEV CHANDLER This course is for people who have been line dancing here or elsewhere. This course is NOT for beginners. We dance to a variety of music, the emphasis being on socialising and having fun while being physically active. This course is full.				



Most of your Wednesday set-up crew: We get the furniture unpacked and set up, the morning tea almost completely ready and the sound and visual systems going.

We would love more people to come and help, then share a hot drink with us. We meet at 8.40 a.m. outside the front door.

'A Supreme Opportunity'

The Supreme Court in Salamanca has an 'Open House Weekend' in November and allows conducted tours. Usually the tours are booked as soon as they are advertised. One of our members, Peter Partridge, can arrange for our members to have advanced notice and therefore book early for these tours.

This year the tours are planned for Saturday 10th November and perhaps additional tours on the Sunday. There will be a list for participants to sign on the notice Board when we return in September and contact should be made through Peter by phone or email as mentioned in the notice.

If you are interested, you should act quickly.

U3A Clarence Inc

Important Dates for Sept 17 2018 to end 2019

Term 3 2018 Monday 17 September – Wednesday 21 November
Special 25th Anniversary Event – Thursday, October 4th, 10 a.m.–3.30pm., Blundstone Arena.

Committee Meetings	Mon 24 Sept	1.15-2.30	Room 1
	Mon 22 Oct	1.15-2.30	Room 1
	Mon 12 Nov	1.15-2.30	Room 1
Newsletter	Mon 12 Nov		
Christmas Luncheon	Mon 26 Nov	12 noon	Howrah Recreational Centre

**** 2019 ****

Pre- term 2019 Note: Term 1 dates have changed to allow 10 full weeks.

Newsletter	Mon 21 Jan		
Committee Meeting	Wed 6 Feb	1.15-2.30	Room 1
Enrolment Day	Wed 13 Feb	10:00-12.00	Room 6
AGM	Wed 20 Feb	1.30-3.30	Room 6 Afternoon tea Guest Speaker

Revised: Term 1 2019 Monday 4 March - Wednesday 22 May

No classes Monday 11 and 13 March (Public holiday week)

No classes Monday 22 April and Wednesday 24 April (Easter)

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 18 March	1.15-2.30	Room 1
	Mon 15 April	1.15-2.30	Room 1
	Mon 13 May	1.15-2.30	Room 1
Newsletter	Mon 13 May		

Term 2 2019 Monday 17 June – Wednesday 21 August

Committee Meetings	Mon 24 June	1.15-2.30	Room 1
	Mon 22 July	1.15-2.30	Room 1
	Mon 12 Aug	1.15-2.30	Room 1
Newsletter	Mon 12 Aug		

Term 3 2019 Monday 16 September – Wednesday 20 November

Committee Meetings	Mon 23 Sept	1.15-2.30	Room 1
	Mon 21 Oct	1.15-2.30	Room 1
	Mon 11 Nov	1.15-2.30	Room 1
Newsletter	Mon 11 Nov		
Christmas Luncheon	Mon 25 Nov	12 noon	Howrah Recreational Centre

25th Anniversary Commemorative Booklet

The 25th Anniversary Commemorative Booklet, for which many members submitted contributions, has been compiled by the editorial sub-committee. During a number of classes, photos were taken. At the discretion of the graphic designer who is doing the layout, some of these photos may be included in the booklet. The booklet will be launched officially at the anniversary event at Blundstone Arena on 4 October.

As there will be a limited print run of the booklet, if you would like to ensure you get a copy or copies, you may pre-order them on the order sheet that has been placed on the noticeboard in the morning tea room.

The price is \$10 per copy. Please place your payment in an envelope, clearly marked with your full name and the amount enclosed, in the Booklet Box in the morning tea room.

Pre-ordered copies can be collected at the Blundstone Arena event, after the booklet has been launched.

Any remaining copies will be available for sale on U3A days after the anniversary event.

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AIDE MEMOIRE

Note the courses you have enrolled in to give yourself a record of them.

Monday

Wednesday

Session 1

Session 1

Session 2

Session 2

Session 3

Session 3

Session 4

Session 4

ENROLMENTS DUE: Wed, September 7.

Enrolling:

You can do this online (see the next page), or on paper using the enrolment form enclosed. (**Note:** this time it is on **two sides** of the sheet.) Drop it in the box at U3A, or post it.

Postal address is *U3A Clarence Enrolments, PO Box 774, Rosny Park, 7018.*

Please speak to one of our Committee members if you would like help to enrol online, or reassurance you can do it. It really is not that hard, and while you enrol you can have a good look at our revamped website.

ENROLLING ONLINE

Enrolling online is simple, quick, cheap and environmentally friendly.

1. Just **Google U3A Clarence** to get to our home page.
2. Click on '**Course Info**' at the top of the page to find out about the courses and enrolment.
3. On the **enrolment form** click on the circle next to each course you wish to attend. If you are not attending a course during that session, click **None**.
4. If two people are enrolling from the same email address, you may need to refresh the page before the second enrolment.
5. Click **submit**!
6. You should receive an email message confirming your enrolment. If you don't, try again.
7. Next - visit the Subscription/Membership form and complete your details. Everyone should do this **if joining for the first time in the year**.
NOW give yourself a pat on the back and explore the rest of the website!

N.B. YOU DO NOT NEED TO COMPLETE THE SUBSCRIPTION/MEMBERSHIP FORM OR PAY A SUBSCRIPTION UNLESS YOU ARE JOINING FOR THE FIRST TIME THIS YEAR.

ANNUAL SUBSCRIPTION (membership) FEE FOR 2018
\$45 PER PERSON

**YOU MUST SUBMIT THIS FORM WHETHER YOU PAY ONLINE, OR BY CHEQUE,
MONEY ORDER OR CASH**

Name (s) _____

Preferred name (s) for name tag (s)

Phone _____

Email address _____

Residential address

_____ Post Code _____

Method of payment and amount paid - cheque, money order, cash or direct credit \$ _____

Please make your cheque or money order payable to U3A Clarence and mail with this form to
PO Box 774 Rosny Park 7018 or hand it in at U3A.

You can pay online as follows:

MEMBERSHIP PAYMENTS BY DIRECT CREDIT

Members can pay their U3A Clarence subscriptions by direct credit. Payments can be made by visiting a bank and making a deposit to our account, or by electronic funds transfer to our account. Whichever method is used to make a direct credit payment, *it is **essential** that the following information is recorded as part of the transaction:*

Account name: University of the Third Age - Clarence Inc

BSB: 067103

Account number: 10059047

Reference: Member's first name and surname

Please note:

When making a deposit at a bank you must ensure that your reference information (first and last name) is recorded whether or not the teller asks for the details.

**Please address any Subscription or Payment queries to the
Treasurer, Terry Mahoney.**

JULY 5TH EXCURSION TO THE TASMANIAN MUSEUM AND ART GALLERY

An intrepid group of ten explorers was conducted through the new Bond Store galleries to investigate the colonial collections. Our guide helped us see the potential of the collections and pointed out particularly interesting exhibits. One interesting aspect was the amount of material accessible if you only knew to look in the drawers underneath display cabinets. Many fascinating items are squirreled away, we discovered.

We discovered the ways early settlers saw their new world, came to record it and exploited it. The wars with the traditional owners of Tasmania were a theme of one gallery. The last gallery we examined held all sorts of interesting memorabilia from our past, including the currencies used and the way they developed. My favourite was a chair with solid metal rings for carrying poles. This chair was used to carry Lady Jane Franklin when she took breaks from walking during her epic journey to the West Coast with Governor Franklin.



Left: Snakebite antivenom created and sold by Charles Underwood in the 1800s. Tasmania's first one pound note – from the Colonial Galleries, TMAG.

by Anna Melton
(Newsletter Editor)

TRANSPORTED BY THE DELIGHTS OF MUSIC

by Jane Hall (Co-Coordinator for Kaleidoscope)

On Monday July 30th, our Kaleidoscope group were joined by a number of other members to attend a presentation by Frances The.

Frances is a professional musician with an orchestra based in Amsterdam. Also, she belongs to another group of musicians who play Baroque music in the manner and style it would have been presented by the composer. Frances has been invited to play in Sydney and Melbourne. Being a Tasmanian, she coupled this with a visit home to see family and friends. She kindly offered to present her renditions at U3A Clarence, Hobart and Kingston.

There was some interesting discussion on how musicians need to be sleuths to discover what the composer had in mind and the style of the violin and bows - including how these were held by the musician.

Frances then played several pieces for us and we were transported for that time.

I was thrilled to be able to arrange this presentation. Also, I want to give credit to all members who attended, making this a worthwhile exercise for Frances. Thanks also to Eileen Levett and her Tai Chi group who very kindly exchanged rooms for the session, allowing more people to attend in comfort and for our presenter to have the "best" room for acoustics.



ENROLMENT FORM TERM 3 2018



Name 1: _____

Name 2: _____

Phone: _____

Email: _____

MONDAY COURSES	CODE	NAME 1	NAME 2
Session 1 9.30-10.25			
German for Beginners	M311		
Britain on Film: the 1940s and 1950s	M312		
Indian Cuisine (1 st 5 wks)	M313		
Turning Points in the History of Art (2 nd 5 wks from 22 Oct)	M314		
Painting (This session is full: session 2 is open)	M315		
Crafty Christmas (1 st 5 wks)	M316		
Ghostly Tales of Tasmania (2 nd 5 wks from 22 Oct)	M317		
Session 2 10.50-11.50			
The Writers	M321		
History of Climate Change	M322		
Virtual Walk on the Midlands Highway	M323		
Painting * new members welcome	M324		
Line Dancing – Continuing 1	M325		
Chair-based Tai Chi	M326		
Session 3 12.00-1.00			
Poetry Reading	M331		
Kaleidoscope	M332		
Updates from the Frontiers of Astronomy & Cosmology ...	M333		
Spanish	M334		
Tai Chi	M335		
German Conversation	M336		
Session 4 1.15-2.15			
Line Dancing - Beginners	M341		

Turn the page, please, for Wednesday sessions.

TERM 3, 2018 ENROLMENT FORM, p. 2			
WEDNESDAY COURSES	CODE	NAME 1	NAME 2
Session 1 9.30-10.25			
Extreme Geology	W311		
The Thucydides Trap: Is War Between China & ... (1 st 5 wks)	W312		
Travelling the Seven Seas with ... (2 nd 5 wks from 24 Oct)	W313		
Chaucer's People	W314		
Traditional Chinese Painting	W315		
Mah Jong	W316		
Session 2 10.50-11.50			
Singing for Fun	W321		
What Makes Western Music so Unique?	W322		
French Club	W323		
Sketching/Drawing	W324		
Tai Chi	W325		
Session 3 12.00-1.00			
DNA and You	W331		
Armchair Travel	W332		
Fellow Australians who Lead Interesting and Different Lives	W333		
Play Reading	W334		
Circle Dancing	W335		
Chess	W336		
Session 4 1.15-2.15			
Line Dancing - Continuing	W341		

NB The enrolment form is two- sided – so make sure you fill in both sides, please! It may be different from usual, but it's easier to read and fill in. Please let us know what you think!