

U3A Clarence Newsletter May 2021

U3A CLARENCE INC.
A University of the Third Age
PO Box 774 Rosny Park 7018

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DATES FOR 2021

Classes are held at Rosny LINC on Monday, Tuesday and Wednesday mornings.

There are 3 one-hour sessions each day, with a choice of courses in most sessions.

Term 2: Mon 7 June – Wed 1st Sept. including 3 weeks without classes due to public or school holidays.

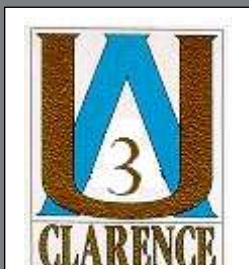
Term 3: Mon 13 Sept – Wed 1st Dec. Includes no classes during the two week school holiday period.

SESSION TIMES

Session 1 9.30 – 10.30

Session 2 10.45 – 11.45

Session 3 12.00 – 1.00



President's Message May 2021

The first term for 2021 is nearing completion and we are gradually getting back to normal. Let's hope that term 2 will get even better!

Just like most of you, I have been watching the ABC program "Old People's Home for 4 Year Olds" presented by Professor Sue Kurrle. A lot of the content applies to all of us. We are all in our retirement phase of life, either in a retirement village, a nursing home or in our own homes and this is where U3A can assist us to address issues like frailty, memory loss, confidence and mobility to stay independent for as long as possible.

We don't have 4 year olds to motivate us but with our team of willing and experienced tutors and other volunteers we can offer a range of programs that keep us mentally and physically active and improve our brain function.

Living in Tasmania is a great lifestyle choice that we have made, but in a modern world, family and old friends can be far away. This isolation can be magnified with the loss of a partner. U3A should be seen as a place where new friendships and bonds can be established. The morning tea is a great place for catching up and meeting friends. We will continue with our morning teas at Alma's until the middle of the year when a major renovation there commences. We hope that by then the Library will allow the old program to resume.

Mexican Trains and Rummy-o

Next term a new course called 'Game Time' will be introduced. This will be a fun way to exercise the mind and improve your cognitive function. Hope to see you in room 3 on Wednesday.

Singing

Singing with Bev and Regan will also start again in room 6 on Mondays, Term 2.

Len Spaans, President U3A Clarence

Revised Dates

U3A Clarence Inc - Important Dates for 2021

Term 2 2021 Monday 7th June – Wednesday 1st September

There is **no** U3A on the weeks of 14th June, 5th and 12th July due to public and school holidays. This gives 10 Mondays, 10 Tuesdays and 10 Wednesdays

Committee Meetings	Mon 21 June	1.15-2.30	Room 1 or 5
	Mon 19 July	1.15-2.30	Room 1 or 5
	Mon 9 Aug	1.15-2.30	Room 1 or 5
Newsletter	Mon 9 Aug		

Term 3 2021 Monday 13 September – Wednesday 1st December

There is **no** U3A on the weeks of 27th Sept. and 4th Oct. due to school holidays. This gives 10 Mondays, 10 Tuesdays and 10 Wednesdays

Committee Meetings	Mon 20 Sept	1.15-2.30	Room 1 or 5
	Mon 18 Oct	1.15-2.30	Room 1 or 5
	Mon 8 Nov	1.15-2.30	Room 1 or 5
Newsletter	Mon 8 Nov		
Christmas Luncheon	Thurs 9 Dec	12 noon	TBA

N.B. Please note carefully the changes U3A has had to make to our calendar – at present the Library rooms we use are not available during school holidays.

The holidays between terms will be different from our usual 3 week breaks. This term we have two weeks between Term 1 and 2. Between Term 2 and 3 we will only have one week break. This is to ensure we will still have ten weeks in our terms.

We are now required to check in using the **Check in Tas app when we attend a Library branch, including Rosny (and U3A). Library staff are ready and available on Mondays if you are having difficulty with this. They are continuing the Drop-in Digital sessions and are available to help with use of IT devices, apps, etc. generally.**

TERM 2 PROGRAM: MONDAY SESSION 1: 9.30-10.30

212M11	MOTHER TONGUE The English language is a fascinating paradox – the complexity and variety are balanced against the comparative simplicity of its grammar. Come and explore the byways and side roads of my mother tongue. Look at the things which make it great and those that are just perverse.	CAROL ROSSENDELL
212M12	ALONG THE MIDLAND HIGHWAY Progressing from Western Junction to Perth. All the early landowners and their heritage buildings will be discussed with photos where available. Local history, scandals, bushrangers, aborigines and other newsworthy events. Also the reasons for the place names and farms will be given.	WAYNE SMITH
212M13	PAINTING This is a self-directed course working predominantly in watercolour.	FACILITATOR: CAROL GALE
212M14	TALES OF THE CAUCASUS We will take a look at the hard facts, but also the romantic and legendary tales of the Caucasus: its archaeology, very early Christian conversion, Ancient Greek tales of the Golden Fleece, the Silk Road weaving through the area, Russian and communist domination and its possible future.	ANNA MELTON
212M15	CLIVE JAMES AND DANTE'S <i>DIVINE COMEDY</i> The course will examine the genesis of the Clive James translation of Dante Aligheri's epic poem <i>The Divine Comedy</i> . Why has this translation not been easily accepted in Australia? The discussion will include some of Clive's later poetry as well as some reviews of his intriguing final book – <i>The Fire of Joy</i> . What is the connection between Clive James and Dante?	JEAN GROSSE
TERM 2 PROGRAM: MONDAY SESSION 2: 10.45-11.45		
212M21	DIGITAL DROP-IN Do you have a question about your device and want to learn more about how to use it? Or do you want to learn more about apps, how to download apps and how to discover some new ones. These drop-in sessions allow you to ask questions and get some support. Bring your own device.	LIBRARY STAFF
212M22	TRIVIA Three sets of ten trivia questions and six rebus puzzles per week to test your general knowledge and reasoning abilities. Lots of discussion time. But no challenges of the quiz master will be accepted! \$2 Levy to cover copying.	JANE HALL
212M23	PAINTING This is a self-directed course working predominantly in watercolour.	CAROL GALE
212M24	LINE DANCING Simple line dances to a variety of music. Suitable to people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them!	JILL CANTON
212M25	THE WRITERS An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.	SELF DIRECTED

TERM 2 PROGRAM: MONDAY SESSION 3: 12.00-1.00

212M31	DEVELOPING RESILIENCE FOR THIS UNCERTAIN WORLD Resilience is the ability to 'bounce back' from unexpected stressful and challenging life circumstances. Being resilient doesn't mean a person doesn't experience life challenges but rather they are better able to adapt and cope with them when they do occur. This course will help you develop and build skills and habits to better manage and reduce the disruption that can come with stress in difficult times.	CAROLINE DEAN
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212M32	FRENCH FOR BEGINNERS This course will cater for those with little or no knowledge of French and will focus on developing basic skills in the language. It will be adapted to suit the needs and interests of the participants.	CAROL ROSSENDELL
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212M33	SINGALONG	BEV CHANDLER & REGAN LOVE
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212M34	POETRY READING Join Chris and other poetry enthusiasts in an exploration of poetry through the ages. The sessions include a range of poetry and poets. Some members bring along and share their own poetry. No previous knowledge of poetry required.	CHRIS BISHOP
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TERM 2 PROGRAM: TUESDAY SESSION 1: 9.30-10.30

212T11	CARD MAKING I make cards using prepared blank cards and many things I have handy. We will learn some effective techniques not requiring expensive equipment. We can develop our own ideas and designs. Materials will be supplied, but if you have equipment or items at home which can be used please bring them. The goal is to use our imaginations, share ideas and have some fun. Being amateurs need not stop us...	ANNA MELTON
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TERM 2 PROGRAM: TUESDAY SESSION 2: 10.45-11.45

212T21	LEARN TO PLAY CRIBBAGE Have you ever played this card game? A game for two or more which uses a standard 52 card deck of cards, and a crib board to score. There is enough luck for it to be fun, but it also takes skill and cunning to play well. Come and discover 15-2, 15-4 and three-of-a-kind is 10 plus 1 for his knob makes 11. Learn the rules and play the game with friends.	BILL BOUFFLER
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212T22	GERMAN CONVERSATION German conversation for German speakers wanting conversational practice. New members are welcome in the group but you need to have a reasonable grasp of the language.	SELF DIRECTED
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TERM 2 PROGRAM: WEDNESDAY SESSION 1: 9.30-10.30

212W11	LET'S CHAT ABOUT WHAT YOU'RE READING I have a great interest in people and places and simply love reading. This will largely be a self-run group where we all contribute on books, articles, news items we have read and would like to share. First session will be on a current book we are reading but from then the group will choose what comes next.	PATRICIA CORBY
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212W12	THE RISE AND DEMISE OF DEMOCRACY: FROM PLATO TO TRUMP AND BEYOND More demise than rise of democracy. Also a focus on America and, with apologies, D. J. Trump. THIS CLASS COMMENCES ON 23 JUNE AND FINISHES ON 25 AUGUST (8 WEEKS ONLY)	STEVE TOLBERT
212W13	MAH JONG Play and/or learn Mah Jong. Two hours for those who want to stay.	JAN CHIPMAN
TERM 2 PROGRAM: WEDNESDAY SESSION 2: 10.45-11.45		
212W21	GAME TIME Mexican Trains is 12 spot Dominoes with individual challenges. Rummy-O is similar to a card game but with tiles.	LEN SPAANS
212W22	FRENCH CLUB Continuing course for those participants from last term. Newcomers are welcome but some basic knowledge of the language would be preferable.	SELF DIRECTED
212W23	TAI CHI This class is self-directed and will be following a purchased DVD.	SELF-DIRECTED
212W24	MAH JONG – CONTINUATION FROM SESSION 1	
TERM 2 PROGRAM: WEDNESDAY SESSION 3: 12.00-1.00		
212W31	SPANISH This course will mostly involve conversation, but there will also be some practice at writing and reading.	SELF DIRECTED
212W32	CHESS We welcome novices to the game as well as those with experience. As with everything there are many things to learn, and we all learn in partnership with each and everyone in the class. On the way, we hope to have fun and enjoy this very ancient game, which is played the world over by young and old.	SELF DIRECTED
212W33	LINE DANCING Simple line dances to a variety of music. Suitable for people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them!	JILL CANTON
212W34	PLAY READING If you have ever attended a play that you really liked, come and join in re-creating the sometimes hilarious, sometimes mysterious but always fascinating and fun masterpieces of the theatre. There will be plenty of parts to suit everyone.	SELF DIRECTED



SOCIAL EVENTS PLANNED:

Your Committee, especially our trusty Beth Jeffrey, have been working hard to organise social events for the members. We held a successful morning tea at Alma's Centre in April and plan more. It was very difficult to find venues for times other than Friday morning, which conflicts with Schools for Seniors, but we will try to get other days later in the year.

The COMA Medical Museum Tour is happening this Thursday, 13th May. If you are interested in attending please meet at the bus stop outside Jane Franklin Hall in Davey Street (between numbers 308-316 Davey St.) at 10.30 SHARP.

Parking is available on nearby side streets for two hours.

The tour will take one hour, plus one hour for morning tea – Devonshire tea with tea or plunger coffee. The cost is \$20 per person to be paid into the U3A Bank account.

[If you are only just now planning to come please contact Beth Jeffrey since the RSVP date has already passed. Phone Beth on 62476329](#)

Our bank details are:

BSB 067103

Account Number: 10059047. Please be careful to put in COMA and your surname as reference for the payment.

Morning teas are planned for **Friday, 21st May, 10.30 – 12.30** with a guest speaker from RSB Travel Coal River Coaches to talk about extended tours they offer.

Another one will be held on **Friday, 25th June, 10.30 – 12.30**. Both will be at the **Alma Centre, Bellerive**.

We have a **Trivia Function** planned for August, to be held at the Howrah Recreation Centre.

Radio Play: a great fun event is being planned by Len - a radio play where a few people read a script with sound effects coming in. A music quiz (appropriate music for U3Aers) is part of the event. The script provides clues and the audience takes part. Jocelyn and Len both enjoyed this event when held previously. Combined with a meal or other refreshments it is something for us to plan and look forward to!

Our term dates have changed so we are now planning to hold our annual **Christmas Luncheon** on the **9th December, a Thursday**.

A COVID Christmas 2020

We are doomed! said the pessimists in voices so forlorn,
The Pandemic started in a China where the virus it was born.
Some say it was from native bats and others just say a lab
But once the virus got going it was hard to keep the tab.

The world has barely taken a breath as the virus quickly spread,
It soon was raging like wildfire and we were left counting the dead,
We had no vaccine to fight it with as it rapidly goes on its way,
As countries went into lockdown and the world was in disarray.

I have the answer, said Donald Trump, stand up and follow me,
Inject disinfectant into your veins and the virus it will flee!
That's foolish talk said the UK Chief who went by name of Boris
But funerals are proving great for Britain's thousands of florists.

Now PM Boris he caught the virus and very nearly died
Medicos they cured him; a damn pity! Labour leaders cried,
Brexit now is off the news as COVID takes the stage,
This virus mutates so quickly as it writes another historical page.

Now authorities were slow to act and muddled the early facts,
Around the world fear arose and governments started to act,
Now Trump went into a terrible rage and from cooperation did flee,
Stating that this Chinese virus will certainly not catch me! (but wiser folk said just let's
wait and see)...
America will lead the world, he raved, and we will be great again!
Yet the USA has cocked it up and is suffering great COVID pain.

The world has suffered lockdown, but the elderly they still get sick,
The young are barely affected and lockdown rules resist,
We demand a global inquiry, Australia's Morrison beat the drum,
No way replied the Chinese, we'll put your exports under the gun.

The virus has seen some of the best mankind has to offer
However, there are always a few who spill the ink upon the blotter
To those who work against the best interest of the nation
Remember the secret to success in cooperative cohabitation

This virus is so contagious it's frightening how rapidly it spreads,
World-wide attempts to stop it are social distancing and masks upon our heads,
Around the world in science labs experts are working at speed,
To find a suitable vaccine which can bring this virus to heed.

We have developed a vaccine, Putin the Russian leader preached;
The response from experts was that he had probably overreached;
However, to underestimate the Russians, is to do so at your cost;
As Hitler found out in world war two, which of course he lost.

Thanks to all our frontline heroes who face the virus every day;
While state and national politicians try to all our fears allay;
To our doctors and our nurses for whom we have great respect;
While aged home populations have suffered systematic neglect.

When I heard of a corona epidemic my thought went straight to beer;
I perceived of drinking in the streets with beer and lots of cheer;
When it was pointed out to me that my assumption was not right;
I felt foolish at my actions but still drink four Coronas every night.

Now we all live in Tassie and I for one am glad;
Because in places like Victoria the situation was bad;
Young people are getting frustrated at all the COVID rules;
Some people think it's a conspiracy. This world is full of such fools.

One bright idea was to isolate travelers to slow the virus spread,
But many returning overseas travelers from self-isolation fled,
Then we blamed the polities for imposing controls and fines,
When the problem is really some people who will not tow the line.

We learned to live quite differently within our lockdown days,
Using online shopping which is now a family craze,
Some have even returned to work, while others walk for miles,
The news that U3A will restart next year brought long and lingering smiles.

I met a man the other day who lost his wife to the plague,
He spoke of not being able to say goodbye and the inner feeling of rage.
This virus has not just taken lives as it can kill so very fast
For some no one at their side as the air they breathed their tragic last.

Everyone's an expert in regard to this troublesome plague,
But when you seek more detail it all goes rather vague,
The reality is this virus can kill the likes of you and me,
So, if you feel unwell go get tested, it's absolutely free!

This story will continue as the virus runs its course,
As it brings the world to its knees without any military force,
The whole world is affected and the future is unclear,
But you can sense it in public transport and street corners: it is fear.

Maybe one day we`ll beat it and some folks will of course survive;
And once again Earth and its people will start to openly thrive.
However, there is still much COVID pain to be endured,
Before the world can say that from the virus, we are cured.

So, let`s all celebrate Xmas for another year has passed.
Boy as we get older the years go by so fast,
Most people will be glad to see the back of 2020!
Of bush fires, drought and COVID, boy we`ve had plenty!

Chris Bishop

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ANNUAL MEMBERSHIP FEES:

Only new members, or people who were not paid up members in 2020, need to pay for membership in 2021! *If you paid in 2020 or in Term 1, 2021 you do not need to pay this term.*

**ANNUAL MEMBERSHIP FEES FOR 2021
\$45 PER PERSON**

You can pay online as follows:

**MEMBERSHIP FEES PAYMENTS ON LINE
BY DIRECT CREDIT**

Members can pay their U3A Clarence membership fees by completing the form on line. Go to our website <http://u3aclarence.com> and click on the link "**Subscribe to U3A (membership)**". Payments may be made by electronic funds transfer to our account, or by visiting a bank and making a deposit to our account **after** the online form is submitted. Whichever method is used to make a direct credit payment, it is **ESSENTIAL** that the following information is recorded as part of the transaction:

Account Name : University of the Third Age

BSB 067103

Account number 10059047

Reference Members' first name and surname

Please note: When making a deposit at a bank you must ensure that your reference information is recorded *whether or not* the teller asks for the details. Please address any Payment queries to our Treasurer, Terry Mahoney.

**IF YOU ARE UNABLE TO PAY BY DIRECT CREDIT PLEASE USE THE FOLLOWING
FORM**

YOU MUST SUBMIT THIS FORM IF YOU PAY BY CHEQUE OR CASH

Name _____

Preferred name for name tag _____

Phone: _____ Mobile: phone: _____

Email address _____

Residential address _____

_____ Post Code _____

Method of payment and amount paid - cheque, cash \$ _____

Please make your cheque payable to U3A Clarence and mail ***with this form*** to PO Box 774 Rosny Park 7018.

NEW BLOOD NEEDED FOR U3A

U3A is first and foremost a volunteer organisation. Next year several members of U3A's Management Committee will be retiring from their roles. All have provided more than a few years' hard work and now need to have a well deserved rest. We urgently need people from the general membership to join our committee and take on some of the roles needed. Carol and Margaret both intend to retire, so the Enrolment Officer and Program Coordinator roles will need filling. We really need new ideas and skills – *new people!* Please give it thought. Without people prepared to take on our management roles the organisation cannot thrive or even ultimately continue.

Carol Rossendell is also eager to hear from people who would like to contribute as tutors for full ten week courses or shorter five week ones. We are entirely reliant on the generosity of tutors who give up their time and share their knowledge and interests with us. Could you be one? What subjects have you learnt about? Is there an art, craft, game you could instruct in? In the future it will be possible to use one of the many U3A Online courses already prepared as a basis for a course. U3A Clarence is taking out a membership to allow this. You may very well find this is an attractive way to start preparing a course.

*IMPORTANT INFORMATION RELATING TO ENROLMENTS:

This term our new enrolment system will be more familiar and will run more efficiently. There are a couple of things we can all do to make sure this is the case. Please only enrol for classes you are reasonably confident you can attend regularly. Class sizes are still limited due to COVID restrictions.

We all need to learn what our 4 digit membership numbers are. Please make sure you have a password for enrolling. Record the password with your membership number somewhere easy for you to find so that you can use it each term. The UMAS system works much more efficiently with your unique membership number and password than with ends of telephone numbers or email addresses. (Several people can have the same details with regard to telephone numbers and email addresses, which causes havoc with our UMAS system!)

*Last term people were emailed and told they were in classes. This should not be necessary this term. If you enrol in classes not already full you may assume you are in that class. If you enrol knowing you are on a waiting list you will be notified if we are later able to give you a place in that class.

Enrolling:

You can do this online or on paper using the enrolment form included. Paper enrolments can be delivered to U3A before end of term, or posted. Postal address is *U3A Clarence Enrolments, PO Box 774, Rosny Park, 7018*.

IMPORTANT NOTE:

If you have recently started using an email address and were previously receiving posted newsletters, please let us know as soon as possible and we will send you electronic copies of messages and newsletters in future. Please send your name and email address by email to Margaret Collis, enrolment officer at: membership@u3aclarence.com

The Rosny Library conducts beginner classes for people new to email and computer use. These could increase your skills and confidence.

Enrolments for Email members:

1. Search for U3A Clarence.
2. Click on the first heading: U3A Clarence
3. Click on UMAS system.
4. Click on Login.
5. Enter your member no. and password.
6. Go to View or Select Courses in the menu on the left.
When selecting courses hover your mouse over the course name to check if it is full. If there is space you may enrol in it. You may still select it and be put on a **waiting list** if the class is full. In this case **we will advise you if you have been given a place in the class.**
7. Click in the boxes to enrol in classes.
8. **Confirm selections** in the box at the bottom.
9. On the next screen **Finalise Courses** to complete enrolment.
10. **Logout.** You will receive a list of your selected courses automatically. You need to be a paid up member to be admitted to classes, so if you have not paid in 2020 or 2021 please follow the instructions on our U3A website under General Information, then Subscriptions, or in the newsletter to pay.

Support

If you have problems enrolling please email us at membership@u3aclarence.com

PLEASE COMPLETE YOUR ENROLMENT BY FRIDAY 28th MAY. Class sizes are more limited due to COVID restrictions, so please enrol promptly. Our break between terms is also shorter, so please enrol quickly to ensure your name is on our lists!

WINTER FILM FESTIVAL

Rosny Library is holding its Winter Film Festival again each Thursday from June to August. Films start at 10.30 a.m. A program will come out shortly.

ENROLMENT FORM TERM 2 2021



Name 1: _____ Name 2:

Phone: _____ Email:

MONDAY COURSES	CODE	NAME 1	NAME 2
Session 1 9.30-10.30			
Mother Tongue	212M11		
Along the Midland Highway	212M12		
Painting	212M13		
Tales of the Caucasus	212M14		
Clive James: <i>Dante's Divine Comedy</i>	212M15		
Session 2 10.45-11.45			
Digital Drop-in	212M21		
Trivia	212M22		
Painting	212M23		
Line dancing	212M24		
The Writers (self-directed)	212M25		
Session 3 12.00-1.00			
Developing Resilience for this uncertain world	212M31		
French for Beginners	212M32		
Singalong	212M33		
Poetry Reading	212M34		

TUESDAY COURSES			
Session 1 9.30-10.30			
Card Making	212T11		
Session 2 TUESDAY 10.45-11.45			
Learn to Play Cribbage	212T21		
German Conversation	212T22		
WEDNESDAY COURSES			
Session 1 9.30 -10.30			
Let's chat about what you're reading	212W11		
Rise and demise of democracy	212W12		
Mah Jong	212W13		
Session 2 – 10.45– 11.45			
Game Time	212W21		
French Club (self-directed)	212W22		
Tai Chi (self-directed)	212W23		
Mah Jong (cont. from Session 1)	212W24		
Session 3 – 12.00 – 1.00			
Spanish	212W31		
Chess	212W32		
Line Dancing	212W33		
Play Reading	212W34		

Note the courses you have enrolled in to give yourself a reminder.

Monday

Tuesday

Wednesday

Session 1	1	1
Session 2	2	2
Session 3	3	3
Session 4	4	4