

U3A Clarence Newsletter January 2022

U3A CLARENCE INC.
A University of the Third Age
PO Box 774 Rosny Park 7018

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DATES FOR 2022

Classes are held at Rosny Library on Monday and Wednesday mornings. There are 3 one-hour sessions each day, with a choice of courses in most sessions.

Term 1: Mon 28 Feb– Wed 25 May;
Term 2: Mon 20 June – Wed 24 Aug;
Term 3: Mon 19 Sept – Wed 23 Nov.

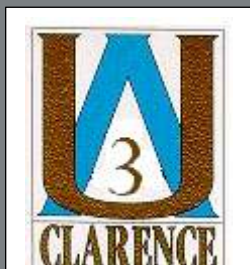
SESSION TIMES

Session 1 9.30 – 10.25

Morning Tea 10.25 – 10.50

Session 2 10.50 – 11.50

Session 3 12.00 – 1.00



President's Message January 2022

This year we will be offering a full program of three 10 week terms with no public school holiday breaks. Maximum numbers permitted in each room has been relaxed and we will also be commencing our popular morning tea breaks again. *Anyway, that was the plan!!!*

But as we all know, Omicron is here, our island drawbridge has been lowered and *sport* and *tourism* are more important to the Government than the health and wellbeing of Tasmanian residents. We are waiting for further direction from the Library to find out if our plans for this year are compromised yet again.

U3A Clarence has now entered into a Licence Agreement with the Library and the Minister for Education for a period of three years giving us security of tenure. We all look forward to a productive and cooperative future.

This year a new class will be introduced by Jean Howes where U3A members will give the audience an insight of their past interesting life and career history.

With the departure of popular Bev and Regan, a brand new singalong class will be introduced. All past singers are invited to come and enjoy the new singalong in Room 6. All your favourites from the 50s 60s & 70s and many more will be available. No music needed, the words and music will all be presented for you on the big screen. And no extra cost and no heavy bundles of lyrics to carry around.

Our AGM will be on February 23rd this year and will be held at the library in room 6. We hope to see you all there with your masks and your booster shots. It is also gratifying to know that Tasmanians in our age group are 99% vaccinated. So be positive and let's get together and plan another year of socialising.

Len Spaans
President U3A Clarence

U3A Clarence Inc - Important Dates for 2022

Pre- term 2022

Newsletter	Mon 17 Jan		
Committee Meeting	Mon 31 Jan	10:00 – 12.00	Room 7
Enrolments Due by:	Mon 14 Feb		
AGM	Wed 23 Feb	1.30- 3.30	Library, Room 6 Speaker: Mike Dutta

Term 1 2022 Monday 28 February - Wednesday 25 May

No classes weeks of Monday 14 March and 18, also 25th April (Public holiday weeks)

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 7 March	1.15-2.30	Room 5
	Mon 11 April	1.15-2.30	Room 5
	Mon 16 May	1.15-2.30	Room 5
Enrolments Due by:	Mon 6 June	<i>For Term 2</i>	
Newsletter	Mon 16 May		

Term 2 2022 Monday 20 June – Wednesday 24 August

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 27 June	1.15-2.30	Room 5
	Mon 25 July	1.15-2.30	Room 5
	Mon 15 Aug	1.15-2.30	Room 5
Enrolments Due by:	Mon 5 Sept.	<i>For Term 3</i>	
Newsletter	Mon 15 Aug		

Term 3 2022 Monday 19 September – Wednesday 23 November

This gives 10 Mondays, 10 Tuesdays and 10 Wednesdays

Committee Meetings	Mon 26 Sept	1.15-2.30	Room 5
	Mon 24 Oct	1.15-2.30	Room 5
	Mon 14 Nov	1.15-2.30	Room 5
Newsletter	Mon 7 Nov		
Christmas Luncheon	TBA		

NOTICE OF ANNUAL GENERAL MEETING - 2022

1.30 pm, Wednesday 23rd February at Rosny Library, Room 6.

1. Confirmation of the minutes of the last AGM.
2. To receive and consider the President's Report.
3. To receive and consider the Treasurer's Report.
4. To elect Officers and Committee Members.
5. To appoint an Auditor.
6. To transact any other business of which written notice is given.

We have a guest speaker, **Mike Dutta**, LLB, Dep. Legal Practice, B.Ed., Theological Studies, (B.D.). He has had an interesting life and career, teaching Psychology, Religion and Philosophy at Hobart College, practicing law and being a minister of religion, also establishing a café/restaurant and the challenging world of local politics at Hobart City Council. We look forward to an interesting presentation.

Light refreshments will be served.

NOMINATION FORM FOR 2022 OFFICE BEARERS

Must be signed by three members

Position on committee _____

Name _____

Nominated by _____

Seconded by _____

I accept nomination (signature)

TERM 1 PROGRAM: MONDAY SESSION 1: 9.30-10.25

221M11	LINE DANCING - BEGINNERS Simple line dances to a variety of music. Suitable to people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them! This is a small class specifically for beginners.	JILL CANTON
221M12	CLARENCE HISTORY Clarence Aborigines, early explorers, evolution of townships, origins of town names, first settlers, early industries, heritage buildings, movers and shakers. Lots of pretty local photos.	WAYNE SMITH
221M13	PAINTING This is a self-directed course working predominantly in watercolour.	FACILITATOR: CAROL GALE
221M14	TRIVIA Three sets of ten questions and six rebus puzzles per week. Designed to stimulate discussion (and fun), test your brain, memory and deductive powers. There will be a \$2 fee for photocopying.	JANE HALL

TERM 1 PROGRAM: MONDAY SESSION 2: 10.50-11.50

221M21	THE CATHEDRAL The course examines a number of different cathedrals looking at their history, architecture, etc. This course is based on a Great Course of the same name. There will be a 30 minute video presentation, plus some time before and after for supplementary material, questions, etc.	JUDITH MUDALIAR
221M22	THE WRITERS An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.	SELF DIRECTED
221M23	PAINTING This is a self-directed course working predominantly in watercolour.	CAROL GALE
221M24	LINE DANCING Simple line dances to a variety of music. Suitable to people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them!	JILL CANTON
221M25	DIGITAL DROP-IN Do you have a question about your device and want to learn more about how to use it? Or do you want to learn more about apps, how to download apps and how to discover some new ones. These drop-in sessions allow you to ask questions and get some support. Bring your own device.	LIBRARY STAFF

TERM 1 PROGRAM: MONDAY SESSION 3: 12.00-1.00

221M31	POETRY READING Join Chris and other poetry enthusiasts in an exploration of poetry through the ages. The sessions include a range of poetry and poets. Some members bring along and share their own poetry. No previous knowledge of poetry required.	CHRIS BISHOP
221M32	DEVELOPING RESILIENCE FOR THIS UNCERTAIN WORLD – PART 2 This course is a continuation of the Part 1 course held in term 2 2021.	CAROLINE DEAN
221M33	FRENCH FOR BEGINNERS 1 This course will cater for those with little or no knowledge of French and will focus on developing basic skills in the language. It will be adapted to suit the needs and interests of the participants. This is term 1 of three terms in Beginners' French. This is a repeat of the classes in term 1 2021.	CAROL ROSSENDELL

221M34	NEW SINGALONG Come and enjoy the new singalong in Room 6. All your favourites from the 50s, 60s and 70s, and many more. No music needed, it will all be on the big screen. And no extra cost.	LEN SPAANS
221M35	GERMAN CONVERSATION German conversation for German speakers wanting conversational practice. New members are welcome in the group but you need to have a reasonable grasp of the language.	SELF DIRECTED
TERM 1 PROGRAM: WEDNESDAY SESSION 1: 9.30-10.25		
221W11	THE HUMAN BODY – A USER’S GUIDE In the words of Bill Bryson, “The human body is often likened to a machine, but it is so much more than that. It works twenty-four hours a day for decades without (for the most part) needing regular servicing or the installation of spare parts, runs on water and a few organic compounds, is soft and rather lovely, is accommodatingly mobile and pliant, reproduces itself with enthusiasm, makes jokes, feels affection, appreciates a red sunset and a cooling breeze.” Let’s explore what we are made of and how to look after it all.	CAROL ROSSENDELL
221W12	APECTS OF GEOLOGY – ICE AGES ALBERT GOEDE This course deals with the history of the Ice Ages, especially the last one – the Quaternary Ice Age – that is still with us today. Evidence comes from many sources including drill cores of ice and sediments. Climate change is a central theme.	
221W13	LEARN TO PLAY CRIBBAGE Have you ever played this card game? A game for two or more which uses a standard 52 card deck of cards, and a crib board to score. There is enough luck for it to be fun, but it also takes skill and cunning to play well. Come and discover 15-2, 15-4 and three-of-a-kind is 10 plus 1 for his knob makes 11. Learn the rules and play the game with friends.	BILL BOUFFLER
221W14	MAH JONG Teaching and helping people enjoy the game of Mah Jong. Beginners are welcome. Two hours for those who want to stay.	JAN CHIPMAN

TERM 1 PROGRAM: WEDNESDAY SESSION 2: 10.50-11.50

221W21	MY STORY Ten U3A members will narrate the story of their background, family, job, particular interest, ethnicity, ancestors, etc. including our President. This will give you the opportunity to get to better know your fellow students. It should be very interesting – all secrets stay in the room.	COORDINATOR: JEAN HOWES
221W22	FRENCH CLUB For those who have studied French in the past and would like to build on their skills. More emphasis on everyday French, listening and conversation than writing and grammar.	PETA KELLY
221W23	GAMES TIME Enjoy an exciting morning playing board games. Mexican Trains and Rummy-O. Great for concentration and developing numeracy skills. Fun games to learn and play with your friends and grandchildren.	LEN SPAANS
221W24	TAI CHI	SELF-DIRECTED

	This class is self-directed and will be following a DVD.
221W25	MAH JONG – CONTINUATION FROM SESSION 1

TERM 1 PROGRAM: WEDNESDAY SESSION 3: 12.00-1.00

221W31	ISLAND PROJECT The ISLAND Project is a long-term cohort study, open to Tasmanians aged 50 or above to participate. It is looking at risk behaviours which could be modified to shift the prevalence of dementia across our state (which has the oldest population, and the highest rates of most of our poor health behaviours). It is a big and bold project and a world-first.	WICKING DEMENTIA CENTRE
221W32	SPANISH We use the text 'Bravo', with practice in comprehension and conversation ,also revising vocabulary and grammar.	SELF DIRECTED
221W33	CHESS We welcome novices to the game and those with experience. As with everything there are many things to learn, and we all learn in partnership with each and everyone in the class. On the way, we hope to have fun and enjoy this very ancient game, which is played the world over by young and old.	SELF DIRECTED
221W34	LINE DANCING Simple line dances to a variety of music. Suitable for people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them!	JILL CANTON
221W35	PLAY READING Looking for comic relief from Covid? Come and have a laugh reading plays aloud. We start with Bernard Shaw's classic: <i>Pygmalion</i> . No experience needed.	SELF DIRECTED

PLEASE NOTE:

We are still required to check in using the **Check in TAS app** when we attend the Library including U3A. Library staff are ready and available to help if you are having difficulty with this. They are continuing the Digital Drop-In sessions and are available to help with the use of IT devices, apps etc, generally on Mondays 2 – 3 pm.

Our course and room arrangements for 2022 will revert to our previous usage, excluding room 1. There will still be restrictions in numbers of people in rooms, but these will be eased compared with 2021.

AND there is a welcome return of morning tea in Room 6. The times for the individual sessions will change to reflect that. The numbers attending morning tea will unfortunately be limited to 50 at this stage, but this may change later.



'Twas the night before Christmas.... Well December 9th to be more accurate:

U3A Clarence held our **Christmas Luncheon** at the Lindisfarne Rowing Club on the 9th December with seventy-three members attending. Once again the venue provided magnificent views. The food was plentiful and made enjoyable eating. The company was great and we all made use of the opportunity to catch up with one another in a less rushed setting. Once again U3A members supported the ABC Giving Tree with over \$300 in raffle proceeds. Thanks to people who donated prizes.

We would like to thank Beth and John Jeffery, and Terry Mahoney, for organising and running the event, especially our indefatigable Social Organiser, Beth.



Photos from Beth and John to follow:



The U3A Christmas Luncheon for 2021.

MEMBERSHIP SUBSCRIPTIONS:

**ANNUAL MEMBERSHIP SUBSCRIPTION FOR 2022
\$45 PER PERSON**

**You can pay online as follows:
MEMBERSHIP SUBSCRIPTION PAYMENTS ON LINE
BY DIRECT CREDIT**

Members can pay their U3A Clarence subscriptions by completing the form on line. Go to our website <http://u3aclarence.com> and click on the link:

Subscribe to U3A (membership)

Payments may be made by electronic funds transfer to our account, or by visiting a bank and making a deposit to our account **after** the online form is submitted. Whichever method is used to make a direct credit payment, it is **ESSENTIAL** that the following information is recorded as part of the transaction:

Account Name : University of the Third Age

BSB 067103

Account number 10059047

Reference Members' first name and surname

Please note: When making a deposit at a bank you must ensure that your reference information is recorded *whether or not* the teller asks for the details. Please address any Payment queries to our Treasurer, Terry Mahoney.

**IF YOU ARE UNABLE TO PAY BY DIRECT CREDIT PLEASE USE THE
FOLLOWING FORM
YOU MUST SUBMIT THIS FORM IF YOU PAY BY CHEQUE OR CASH**

Name _____

Preferred name for name tag _____

Phone: _____ Mobile phone: _____

Email address

Residential address _____

_____ Post Code _____

Method of payment and amount paid - cheque, cash \$ _____

Please make your cheque payable to U3A Clarence and mail *with this form* to PO Box 774
Rosny Park 7018.

Please bring this form completed *if you intend to pay for a subscription on Enrolment Day.*

IMPORTANT INFORMATION REGARDING ENROLMENTS

Because class sizes still have COVID-based restrictions, please only enrol in classes you are confident you can attend regularly. If you cannot make classes, please inform a committee member – as many classes have waiting lists.

Please note that line dancing classes are always popular, and the numbers are limited to meet COVID requirements. We can therefore only place you in one of the classes run each week.




Just started using an email address?

If you have just started using an email address and have been receiving posted newsletters, please let us know as soon as possible and we will send you electronic copies of messages and newsletters in future. Please send your name and email address by email to: membership@u3aclarence.com The Rosny Library conducts beginners' classes for people new to email and computer use. These could increase your skills and confidence.

HOW . TO . ENROL

We prefer that you do this online. These are the instructions for online enrolment.

Online enrolment:

1. Search for U3A Clarence.
2. Click on the first website: **U3A Clarence**
3. Click on  the button.
4. Click on **Login**
5. Enter your member number and password
6. Click on **View or Select Courses** on menu on the left. Courses for term 1 2022 will all have a course code starting with 221.
7. Check the box on the left-hand side for each course you want to enrol in.
8. Courses which are highlighted in blue are full. You can still check the box, but you will be placed on a waiting list.
9. Click on the  button at the bottom of the list of courses.
10. The list of courses you have selected will appear. The fourth column is the **Status**. This will be blank if you have been **included in the course**, and will have **Wait listed** if the course is full.
11. Click on the  button to finish your enrolment. **This step is important so don't leave it out.**
12. The information in step 10 is the information on your enrolment status. You will not receive any additional confirmation such as an email.
13. Once this has been finalised, your enrolment is complete.
14. Logout.

Paper enrolment form

If you cannot enrol online, then a paper form can be printed from the appropriate newsletter and completed. Paper enrolments can be sent to *U3A Clarence Enrolments, PO Box 774, Rosny Park, 7018.*

The enrolments will come to Carol Rossendell who is helping people not able to enrol online, particularly those who receive the newsletter by mail. If you are without computer access, she will also take your enrolment over the phone if you prefer. Her phone number is 0409 698 198. *The sooner this information gets to her, the sooner you can be enrolled.*

Member subscriptions

You need to be a financial member of U3A Clarence to be admitted to classes, so if you have not yet paid your annual membership subscription for 2022, please follow the instructions on the U3A Clarence website under General Information, then Subscriptions. You can also use the information in this newsletter to make the payment.

And now for some quotes from a little book about how to *Grow Old Disgracefully*, compiled by Heather Donaldson of Tassie's Westbury.

“A woman once said to Groucho Marx “I’m approaching 70.” He asked, “From which end?”

The beauty of age is you can't remember who you wouldn't ever forgive – *or what for.*

Pasquelina

An apt one from a Philadelphia Quaker article:

“Let me advise thee not to talk of thyself as being old.

There is something in mind cure after all, and if thee continually talks of thyself as being old, thee may perhaps bring on some of the infirmities of age. At least I would not risk it if I were thee.”

ENROLMENT FORM TERM 1 2022



Name: _____

Phone: _____ Email: _____

MONDAY COURSES	CODE	NAME
Session 1 9.30-10.25		
Line Dancing – Beginners	221M11	
Clarence History	221M12	
Painting	221M13	
Trivia	221M14	
Session 2 10.50-11.50		
The Cathedral	221M21	
The Writers	221M22	
Painting	221M23	
Line Dancing	221M24	
Digital Drop-In	221M25	
Session 3 12.00-1.00		
Poetry Reading	221M31	
Developing Resilience for this Uncertain World – Part 2	221M32	
French for Beginners 1	221M33	
Singalong	221M34	
German Conversation	221M35	

WEDNESDAY COURSES	CODE	NAME
Session 1 9.30-10.25		
The Human Body – A User’s Guide	221W11	
Aspects of Geology – Ice Ages	221W12	
Learn to Play Cribbage	221W13	
Mah Jong	221W14	
Session 2 10.50-11.50		
My Story	221W21	
French Club	221W22	
Games Time	221W23	
Tai Chi	221W24	
Mah Jong	221W25	
Session 3 12.00-1.00		
ISLAND Project	221W31	
Spanish	221W32	
Chess	221W33	
Line Dancing	221W34	
Play Reading	221W35	