

# U3A Clarence Newsletter May 2022

**U3A CLARENCE INC.**  
**A University of the Third Age**  
**PO Box 774 Rosny Park 7018**

## **Enquiries:**

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## **CONTACT DETAILS**

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## **DATES FOR 2022**

Classes are held at Rosny Library on Monday and Wednesday mornings. There are 3 one-hour sessions each day, with a choice of courses in most sessions.

**Term 1:** ends on Wed 25 May;  
**Term 2:** Mon 20 June – Wed 24 Aug;  
**Term 3:** Mon 19 Sept – Wed 23 Nov.

## **SESSION TIMES**

Session 1 9.30 – 10.25  
*Morning Tea 10.25 – 10.50*  
Session 2 10.50 – 11.50  
Session 3 12.00 – 1.00



## **President's Message May 2022**

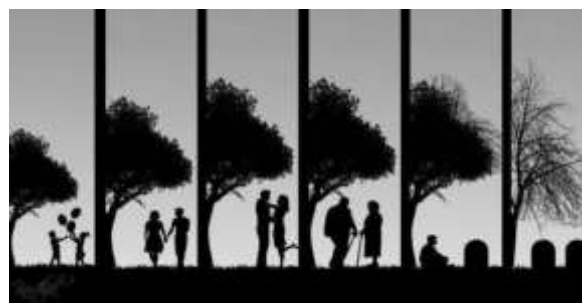
I am pleased to report that this year has started to appear like normal again. So we need to encourage the members who have not joined us this year to come back. Membership is down around 30% and if this continues the committee will have to reconsider the annual membership levy.

Earlier this year we applied for a grant from the Clarence City Council, and we have received a phone call informing me that U3A Clarence was successful and will receive \$1,500 towards upgrading our aged laptop computers. Your committee would like to try more applications for grants where appropriate.

I coordinate the Singalong Group on Monday. This year a new format has been introduced where no printed song lyrics are required (no piles of sheets to cart about), and no extra cost. The participants attending are having a great time, but numbers are down compared to pre-covid times. Pre-covid attendance in room 1 was so large that we have now moved to room 6, so if you are interested, join us in Term 2. It's a great space with a large TV displaying the words.

I would also like to request members consider joining a great and competent committee next year. I have completed my 3 years so we are at least looking for a new President!

**Len Spaans, President U3A Clarence**



The Silhouette of Life

## U3A Clarence Inc - Important Dates for 2022

**Term 1 2022**      **Term 1 ends Wed. 25<sup>th</sup> May.**

**Term 2 2022**      **Monday 20 June – Wednesday 24 August**

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 27 June	1.15-2.30	Room 5
	Mon 25 July	1.15-2.30	Room 5
	Mon 15 Aug	1.15-2.30	Room 5
Enrolments Due by:	Mon 5 Sept.	<i>For Term 3</i>	
Newsletter	Mon 15 Aug		

**Term 3 2022**      **Monday 19 September – Wednesday 23 November**

This gives 10 Mondays, 10 Tuesdays and 10 Wednesdays

Committee Meetings	Mon 26 Sept	1.15-2.30	Room 5
	Mon 24 Oct	1.15-2.30	Room 5
	Mon 14 Nov	1.15-2.30	Room 5
Newsletter	Mon 7 Nov		
Christmas Luncheon	TBA		

## OUR NEW PROGRAM:

### TERM 2 PROGRAM: MONDAY SESSION 1: 9.30-10.25

222M11	<b>LINE DANCING - BEGINNERS</b> Simple line dances to a variety of music. Suitable for people who just want to have fun moving, singing, making plenty of mistakes and laughing at them! This is a small class specifically for beginners.	<b>JILL CANTON</b>
222M12	<b>CLARENCE HISTORY</b> Clarence Aborigines, early explorers, evolution of townships, origins of town names, first settlers, early industries, heritage buildings, movers and shakers. Plenty of interesting local photos.	<b>WAYNE SMITH</b>
222M13	<b>PAINTING</b> This is a self-directed course working predominantly in watercolour.	<b>FACILITATOR: CAROL GALE</b>
222M14	<b>DIGITAL DROP-IN</b> Do you have a question about your device and want to learn more about how to use it? Or do you want to learn more about apps, how to download apps and how to discover some new ones. These drop-in sessions allow you to ask questions and get some support. Bring your own device.	<b>LIBRARY STAFF</b>

**TERM 2 PROGRAM: MONDAY SESSION 2: 10.50-11.50**

222M21	<b>TRIVIA</b> Three sets of ten questions and six rebus puzzles per week. Designed to stimulate discussion (and fun), test your brain, memory and deductive powers. There will be a \$2 fee for photocopying.	<b>JANE HALL</b>
222M22	<b>THE WRITERS</b> An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.	<b>SELF DIRECTED</b>
222M23	<b>PAINTING</b> This is a self-directed course working predominantly in watercolour, continuing from session 1.	<b>CAROL GALE</b>
222M24	<b>LINE DANCING</b> Simple line dances to a variety of music. Suitable for people who just want to have fun moving, singing, making plenty of mistakes and laughing at them!	<b>JILL CANTON</b>
222M25	<b>REGRET</b> This five week course is composed largely of material from the 2020 USA-conducted 'WORLD REGRET SURVEY' and a number of academic studies. There are 15 sub-topics, including No Regrets, 4 Core Regrets, Undoing & At Leasting, Anticipating Regret and much more. <b>This course will run for the first five weeks of the term.</b>	<b>STEVE TOLBERT</b>
222M26	<b>GETTING FORENSIC WITH TASMANIA'S PAST</b> This <b>five week course</b> uses big data to re-examine key features of Tasmania's colonial past. Each of the first four lectures will focus on a specific question, while the last will take a glimpse into the future. The first lecture attempts to estimate the size of Tasmania's population at the point of first contact with Europeans. The second interrogates the truthfulness of the responses convicts provided to their colonial superiors on arrival in Hobart Town. The third examines the scale of profits derived from convict labour. The fourth explores ways in which local conditions influenced the stature and growth of past Tasmanians. The fifth and final lecture takes a glimpse into the future, revealing current plans to build a Tasmanian historical atlas that has the capacity to map health outcomes across generations. <b>This course will run for the second five weeks of the term.</b>	<b>HAMISH MAXWELL-STEWART</b>

**TERM 2 PROGRAM: MONDAY SESSION 3: 12.00-1.00**

222M31	<b>POETRY READING</b> Join Chris and other poetry enthusiasts in an exploration of poetry through the ages. The sessions include a range of poetry and poets. Some members bring along and share their own poetry. No previous knowledge of poetry required.	<b>CHRIS BISHOP</b>
222M32	<b>KALEIDOSCOPE</b> A different speaker each week drawn from within our local community. Details with a list of speakers to follow.	
222M33	<b>FRENCH FOR BEGINNERS 2</b> This course will cater for those with little or no knowledge of French and will focus on developing basic skills in the language. It will be adapted to suit the needs and interests of the participants. This is term 2 of three terms in Beginners' French. This is a repeat of the classes in term 2, 2021.	<b>CAROL ROSSENDELL</b>
222M34	<b>NEW SINGALONG</b> Come and enjoy the new Singalong in Room 6. All your favourites from the 50s, 60s and 70s, and many more. No music needed, it will all be on the big screen, and no extra cost.	<b>LEN SPAANS</b>
222M35	<b>GERMAN CONVERSATION</b> German conversation for German speakers wanting conversational practice. New members are welcome in the group but you need to have a reasonable grasp of the language.	<b>SELF DIRECTED</b>

**TERM 2 PROGRAM: WEDNESDAY SESSION 1: 9.30 – 10.25**

222W11	<b>A SHORT HISTORY OF NEARLY EVERYTHING, Part 1.</b>	<b>CAROL ROSSENDELL</b>
	The inspiration for this course is the book <i>A Short History of Nearly Everything</i> by Bill Bryson. This is a relatively small book covering monumental ideas, and this course will cover his first three sections: Lost in the Cosmos, The Size of the Earth and a New Age Dawns. The course is the first part of the story of how we, as humans, went from there being nothing at all to there being something. It is an exploration of scientific knowledge and imagining and will cover: How to build a Universe, Welcome to the Solar System, What Else is out There, The Measure of Things, The Stone-Breakers, Elemental Matters, Einstein's Universe, The Mighty Atom, Muster Mark's Quarks and The Earth Moves.	
222W12	<b>MEET THE PHARAOHS:</b>	<b>VICKI PATERSON</b>
	Learn about the culture, religion, daily lives and politics of the ancient Egyptians through the study of ten Pharaohs, from the early Pyramid builders to the famous Cleopatra VII. We meet female Pharaohs, deeply religious ones and those who made war in order to extend their power. All ten made a great impact on the lives of their people, and some have left behind a legacy useful in helping us to understand their society.	
222W13	<b>LEARN TO PLAY CRIBBAGE</b>	<b>BILL BOUFFLER</b>
	Have you ever played this card game? A game for two or more which uses a standard 52 card deck, and a crib board to score. There is enough luck in it to be fun, but it also takes skill and cunning to play well. Come and discover 15-2, 15-4 and three-of-a-kind is 10 plus 1 for his knob makes 11. Learn the rules and play the game with friends.	
222W14	<b>MAH JONG</b>	<b>JAN CHIPMAN</b>
	This course teaches and helps people enjoy the game of Mah Jong. Beginners are welcome. Two hours for those who want to stay.	

**TERM 2 PROGRAM: WEDNESDAY SESSION 2: 10.50-11.50**

222W21	<b>TRAVELS THROUGH MY LIFE</b>	<b>COORDINATOR: JEAN HOWES</b>
	Ten U3A members, their friends or relatives, will narrate the story of aspects of their lives, including background, ethnicity, ancestry, family, job, particular interests and travel experiences. This will give you the opportunity to get to better know your fellow students. It should be very interesting and all secrets stay in the room!	
222W22	<b>FRENCH CLUB:</b>	<b>PETA KELLY</b>
	This is for those who have studied French in the past and would like to build on their skills. There is more emphasis on everyday French, listening and conversation rather than writing and grammar.	
222W23	<b>GAMES TIME:</b>	<b>LEN SPAANS</b>
	Enjoy a fun morning playing board games such as Mexican Trains and Rummy-O. Great for concentration and developing numeracy skills. Once learned, the games are also fun to play with friends and grandchildren.	
222W24	<b>MAH JONG:</b>	<b>JAN CHIPMAN</b>
	This class continues from Session 1.	
222W25	<b>TAI CHI:</b>	<b>SELF DIRECTED</b>
	This self-directed class follows a DVD	

**TERM 2 PROGRAM: WEDNESDAY SESSION 3: 12.00-1.00**

222W31	<b>TRADES, INDUSTRY AND SHIPPING ON THE DERWENT.</b>	<b>REX COX</b>
	This <b>five week course</b> in the first half of the term looks at the port that has played vital role in Hobart's history from the time of the first European settlement, with the story continuing into the 21 <sup>st</sup> century. Subjects discussed and illustrated include port development, whaling, shipbuilding, fruit exports, cargo and passenger shipping, and the role of industries such as the Zinc Works and the Boyer newsprint mill. <b><i>The course will conclude with a port tour on the Sunday following the fifth and final class.</i></b>	

222W32	<b>AN INTRODUCTION TO CRYPTIC CROSSWORDS</b> Enjoy the challenge of learning to solve tricky cryptic crosswords and practising your new skills. A <b>five week</b> course in the second half of the term to sharpen the mind. This course is definitely designed for beginners. If you are more than that, you will become an assistant Tutor. Our Tutor came to this activity late in life and is not an expert but can remember the learning process.	<b>PAT JEFFREY</b>
222W33	<b>MYTHS AND MISCONCEPTIONS: (Series 1)</b> What are the reasons for the Trojan War? Who, exactly, was King Arthur? How accurate is the Old Testament in historical terms? Find the answers to these questions – and more besides – as we delve, once again, into the realm of the mysterious and the misunderstood. If you enjoy a good story, or an unsolved conundrum, then this course is definitely for you.	<b>ANTHONY BODEN</b>
222W34	<b>CHESS:</b> We welcome novices to the game as well as those with experience. As with everything, there are many things to learn, and we all learn in partnership with everyone in the class. On the way, we hope to have fun and enjoy this very ancient game which is played the world over by young and old.	<b>SELF DIRECTED</b>
222W35	<b>LINE DANCING:</b> Simple line dances to a variety of music. Suitable for people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them.	<b>JILL CANTON</b>
222W36	<b>PLAY READING</b> Looking for comic relief from Covid or a way to re-live an entertaining experience in the theatre? Come and have fun reading plays with others. No experience needed and plenty of characters and plots in which to immerse oneself. Our coordinator has worked in theatre and enjoys sharing her knowledge of, and enthusiasm for, all things theatrical.	<b>COORDINATOR: MARIE HOWARD-DOWLMAN</b>

### **A Pet's Prayer** – (From Len's Vet)

**If it should be that I grow frail and weak, and pain should keep me from my sleep,  
then you must do what must be done, for this last battle cannot be won.  
You will be sad I understand, don't let your grief then stay your hand.  
For this day more than all the rest, your love and friendship stand the test.  
We've had so many happy years, what is to come can hold no fears.  
You'd not want me to suffer so, when the time comes please let me go.  
Take me where my needs they'll tend, only stay with me right to the end  
and hold me firm and speak to me, until my eyes no longer see.  
I know in time, you will see, it is a kindness you do to me,  
although my tail its last was waved, from pain and suffering I've been saved.  
Don't grieve. It should be you, who decides this thing you do  
we've been so close, we two these years, don't let your heart hold any tears.  
Smile,  
For we walked together for a little while.**



On Saturday the 26<sup>th</sup> March a number of intrepid U3Aers met up with Beth and John Jeffrey, our valiant organisers, and Adrian, the bus driver, tour leader to sally forth up the east coast. We had a very enjoyable day, lazing back in our coach and taking in the sea and country scenery. Morning tea, seen here, was served by Beth and Adrian at Triabunna, next to the water.

We enjoyed a counter meal with main course and dessert choices at the RSL in Swansea. We then had just enough time to walk around the town and visit our selection of shops or other amenities. I, naturally, managed to arrive back at the bus with a few new books.

On the way back to Hobart we stopped at the Lisdillon Salt Works and had time to read the display boards about this historic and enterprising operation from the 1800s. I had been unaware that sea salt was turned into a useful salt for the colony's use in the past. Much of the original buildings are still there to tell the tale. The fate of its owner was an intriguing one. If you get a chance, check it out...

The day was most enjoyable. Thanks Beth and John for your organisation and efforts. Beth has more ideas for social events which she is working on at present....



Singalong is great fun!  
Spontaneous dancing is allowed!

Room 6 is forming a great venue for Singalong. We can use the space to move to the music, and the screen to play our pieces of music.

If you are free in that time slot we have space for more in the class and would love to see you.

Below is a reflective piece of writing by Beth, first shared with our Writers' Group.  
Thanks for sharing it with us, Beth.

Have you ever thought:- "I'm fat, I'm Old, I'm worn out?"

I was young once.

To all my female and male friends from 70 years and up,

Most of us are going through the next phase of our lives.

We're at that age where we see wrinkles, grey hair and extra pounds.

We see the cute 25 year olds and reminisce.

But we were also 25, just as they will one day be our age.

We aren't the "girls and boys in our brief summer clothes anymore".

What they bring to the table with their youth and zest, we bring our wisdom and experience.

We have raised families, run households, paid the bills, dealt with diseases, sadness, and everything else life has assigned us.

Some of us have lost those that were nearest and dearest to us.

We are survivors. We are warriors in the quiet. We are women and men, like a classic car or a fine wine.

Even if our bodies aren't what they once were, they carry our souls,

Our courage, and our strength.

We shall all enter this chapter of our lives with humility, grace, and pride over everything

We have been through, and we should never feel bad about getting older.

It's a privilege that is denied to so many.

Beth Jeffrey

## MEMBERSHIP SUBSCRIPTIONS:

**ANNUAL MEMBERSHIP SUBSCRIPTION FOR 2022  
\$45 PER PERSON**

**You can pay online as follows:  
MEMBERSHIP SUBSCRIPTION PAYMENTS ON LINE  
BY DIRECT CREDIT**

Members can pay their U3A Clarence subscriptions by completing the form on line. Go to our website <http://u3aclarence.com> and click on the link:

### **Subscribe to U3A (membership)**

Payments may be made by electronic funds transfer to our account, or by visiting a bank and making a deposit to our account **after** the online form is submitted. Whichever method is used to make a direct credit payment, it is **ESSENTIAL** that the following information is recorded as part of the transaction:

Account Name : University of the Third Age

BSB 067103

Account number 10059047

Reference Members' first name and surname

Please note: When making a deposit at a bank you must ensure that your reference information is recorded *whether or not* the teller asks for the details. Please address any Payment queries to our Treasurer, Terry Mahoney.



**IF YOU ARE UNABLE TO PAY BY DIRECT CREDIT PLEASE USE THE  
FOLLOWING FORM  
YOU MUST SUBMIT THIS FORM IF YOU PAY BY CHEQUE OR CASH**

Name \_\_\_\_\_

Preferred name for name tag \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile phone: \_\_\_\_\_

Email address  
\_\_\_\_\_

Residential address \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Method of payment and amount paid - cheque, cash                      \$ \_\_\_\_\_

Please make your cheque payable to U3A Clarence and mail *with this form* to PO Box 774  
Rosny Park 7018.

## **IMPORTANT INFORMATION REGARDING ENROLMENTS**

Because class sizes still have COVID-based restrictions, please only enrol in classes you are confident you can attend regularly. If you cannot make classes, please inform a committee member – as many classes have waiting lists.

Please note that line dancing classes are always popular, and the numbers are limited to meet COVID requirements. We can therefore only place you in one of the classes run each week.




### **Just started using an email address?**

If you have just started using an email address and have been receiving posted newsletters, please let us know as soon as possible and we will send you electronic copies of messages and newsletters in future. Please send your name and email address by email to: [membership@u3aclarence.com](mailto:membership@u3aclarence.com) The Rosny Library conducts beginners' classes for people new to email and computer use. These could increase your skills and confidence.

## HOW. TO. ENROL

We prefer that you do this online. These are the instructions for online enrolment.

### Online enrolment:

1. Search for U3A Clarence.
2. Click on the first website: **U3A Clarence**
3. Click on  the button.
4. Click on **Login**
5. Enter your member number and password
6. Click on **View or Select Courses** on menu on the left. Courses for term 2 2022 will all have a course code starting with 222. You may need to scroll through the term 1 courses to find the term 2 ones.
7. Check the box on the left-hand side for each course you want to enrol in.
8. Courses which are highlighted in blue are full. You can still check the box, but you will be placed on a waiting list.
9. Click on the  button at the bottom of the list of courses.
10. The list of courses you have selected will appear. The fourth column is the **Status**. This will be blank if you have been **included in the course**, and will have **Wait listed** if the course is full.
11. Click on the  button to finish your enrolment. **This step is important so don't leave it out.**
12. The information in step 10 is the information on your enrolment status. You will not receive any additional confirmation such as an email.
13. Once this has been finalised, your enrolment is complete.
14. Logout.

## Paper enrolment form

If you cannot enrol online, then a paper form can be printed from the newsletter and completed. Paper enrolments can be sent to *U3A Clarence Enrolments, PO Box 774, Rosny Park, 7018* or handed to Carol Rossendell.

The enrolments will come to Carol Rossendell who is helping people not able to enrol online, particularly those who receive the newsletter by mail. If you are without computer access, she will also take your enrolment over the phone if you prefer. Her phone number is 0409 698 198. *The sooner this information gets to her, the sooner you can be enrolled.*

## Member subscriptions

You need to be a financial member of U3A Clarence to be admitted to classes, so if you have not yet paid your annual membership subscription for 2022, please follow the instructions on the U3A Clarence website under General Information, then Subscriptions. You can also use the information in this newsletter to make the payment.

## An Important Reminder

**The present committee would like to remind members that *all* U3A members are volunteers. U3A operates because people volunteer in all sorts of ways, from washing up to running courses or serving on the Committee of Management.**

**Please consider speaking to Vicki Paterson, now organising courses for Term 3, about sessions or courses you could take, or people you could contact who might be able to help. Could you help on our committee? We urgently need to start preparing people to step into roles which will obviously become vacant in the future. Many people on the committee will need or wish to stand down soon. Our President finishes in that role this year. Our Treasurer and Secretary have been in their positions for a lengthy period of time and may like a well earned break. Please let us know if you can help – we need to keep the future in mind.**

# ENROLMENT FORM TERM 2 2022



Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

<b>MONDAY COURSES</b>	<b>CODE</b>	<b>NAME</b>
<b>Session 1 9.30-10.25</b>		
Line Dancing – Beginners	222M11	
Clarence History	222M12	
Painting	222M13	
Digital drop-in	222M14	
<b>Session 2 10.50-11.50</b>		
Trivia	222M21	
The Writers	222M22	
Painting	222M23	
Line Dancing	222M24	
Regret (first 5 weeks)	222M25	
Getting forensic with Tas. Past (2 <sup>nd</sup> five weeks)		
<b>Session 3 12.00-1.00</b>		
Poetry Reading	222M31	
Kaleidoscope	222M32	
French for Beginners 2	222M33	
Singalong	222M34	
German Conversation	222M35	

<b>WEDNESDAY COURSES</b>	<b>CODE</b>	<b>NAME</b>
<b>Session 1 9.30-10.25</b>		
A short history of nearly everything (1)	222W11	
Meet the pharoahs	222W12	
Learn to Play Cribbage	222W13	
Mah Jong	222W14	
<b>Session 2 10.50-11.50</b>		
Travels through my life	222W21	
French Club	222W22	
Games Time	222W23	
Mah Jong	222W24	
Tai Chi	222W25	
<b>Session 3 12.00-1.00</b>		
Trades, industry and shipping (Wks 1 – 5)	222W31	
Intro. to cryptic crosswords (Wk 6 – 10)	222W32	
Myths and misconceptions (1)	222W33	
Chess	222W34	
Line dancing	222W35	
Play Reading	222W36	