

# U3A Clarence Newsletter January 2022

**U3A CLARENCE INC.**  
**A University of the Third Age**  
**PO Box 774 Rosny Park 7018**

## **Enquiries:**

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## **CONTACT DETAILS**

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## **DATES FOR 2023**

Classes are held at Rosny Library on Monday and Wednesday mornings. There are 3 one-hour sessions each day, with a choice of courses in each session.

**Term 1:** Mon 27 Feb– Wed 17 May;  
**Term 2:** Mon 19 June – Wed 23 Aug;  
**Term 3:** Mon 18 Sept – Wed 22 Nov.

## **SESSION TIMES**

**Session 1 9.30 – 10.25**

***Morning Tea 10.25 – 10.50***

**Session 2 10.50 – 11.50**

**Session 3 12.00 – 1.00**



## **PRESIDENT'S MESSAGE** **JANUARY 2023**

Hello and a Happy New Year to everyone. It's the start of a new year and our program is packed full with a variety of activities. There will be something there for everyone. Vicki, our Program Manager, has performed her magic and allocated time slots and tutors for 26 separate activities consisting of 3 sessions per day, in 5 rooms on Monday and Wednesday at the Rosny Library. She has done a great job!

As with most voluntary groups and organisations like ours, membership has declined during the last 3 years with COVID clearly being the culprit. Your committee has taken measures to reverse this trend, and has reached out to past members with an email request for them to consider joining us again. The many benefits offered include companionship and friendship and warding off aging by keeping the mind and body active.

We have also received a grant from the Clarence City Council to assist with upgrading of our website. It is now cheerful and friendly, easy to navigate and this too will attract new members. Please take a look at [u3aclarence.com](http://u3aclarence.com) and see for yourself.

Finally I'd like to thank all the members of the committee for their effort that they have contributed during the year to keep U3A Clarence the friendly and positive organisation it is today.

Len Spaans  
President U3A Clarence

## U3A Clarence Inc - Important Dates for 2023/24

### Pre- term 2023

Newsletter	Mon 16 Jan		
Committee Meeting	Wed 1 Feb	10:00 – 12.00	Room 5
Enrolments Close	Sun 19 Feb		
AGM	Wed 22 Feb	1.30-3.30	Rosny Library Room 6 Afternoon tea Guest Speaker – Peter Boyer

### Term 1 2023      Monday 27 February - Wednesday 17 May

#### No classes' weeks of Monday 13 March and 10 April (Public holiday weeks)

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 6 March	1.15-2.30	Room 5
	Mon 17 April	1.15-2.30	Room 5
	Mon 8 May	1.15-2.30	Room 5
Newsletter	Mon 1 May		

### Term 2 2023      Monday 19 June – Wednesday 23 August

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 26 June	1.15-2.30	Room 5
	Mon 24 July	1.15-2.30	Room 5
	Mon 14 Aug	1.15-2.30	Room 5
Newsletter	Mon 7 Aug		

### Term 3 2023      Monday 18 September – Wednesday 22 November

This gives 10 Mondays and 10 Wednesdays

Committee Meetings	Mon 25 Sep	1.15-2.30	Room 5
	Mon 23 Oct	1.15-2.30	Room 5
	Mon 13 Nov	1.15-2.30	Room 5
Newsletter	Mon 6 Nov		
Christmas Luncheon	TBA		TBA

### Pre term 2024

Newsletter	Mon 15 Jan		
Committee Meeting	Wed 31 Jan	1.15-2.30	Room 5
Enrolments close	Sun 18 Feb		
AGM	Wed 21 Feb	1.30-3.30	TBA Afternoon tea and Speaker

## U3A CLARENCE

### NOTICE OF ANNUAL GENERAL MEETING - 2023

1.30 pm Wednesday, 22nd February in Room 6 at Rosny Library

#### Business to be conducted

1. Confirmation of the minutes of the last AGM.
2. To receive and consider the President's Report.
3. To receive and consider the Treasurer's Report.
4. To elect Officers and Committee Members.
5. To appoint an Auditor.
  
- 6 Special Resolution:-To change our constitution in three ways.
  - A) 10 (b). Delete the requirement to write receipts for all monies received.
  - B) 12 (a). Delete requirement to insure all assets.
  - C) 4 (c). Remove the specified 3 year term of the President.
  
- 7 Light refreshments will be served.

Guest speaker will be **Peter Boyer**. A former Mercury reporter and public servant, Peter specialises in the Science and Politics of Climate.

## NOTICE TO MEMBERS

### Special Resolution

#### Changes to U3A Clarence Constitution at AGM 2023

As mentioned in the Notice of the 2023 AGM the Committee has recommended minor changes to the constitution in three ways. These are detailed below, along with the reasons for the suggested changes to be voted on at the AGM.

#### Changes to Section 10 regarding Receipts

Section 10 (b) of our current constitution reads:-

Receipts shall be issued for **all** monies received and all financial transactions shall be recorded

The changed wording shall be:-

***10 (b) Electronic receipts shown in our bank accounts shall be accepted as true records of receipts and transactions.***

## **Reason**

At present our Treasurer writes a written receipt for all monies received. This was necessary when money was received as cash. Nowadays all receipts are sent direct to the bank either as a direct deposit or a deposit made directly to the bank. The Committee feels that writing receipts is unnecessary and a waste of the Treasurer's time.

The changed wording means that all members' contributions and other amounts received are correctly recorded and can be viewed at any reasonable time on request, as usual.

## **Changes to Section 12 regarding Insurance**

Section 12 of our constitution reads:-

### **12. Insurance**

(a) The association shall be covered for public /products liability and theft and fire insurance **at all times**.

The changed wording shall be

### **12. Insurance**

***(a) The association shall be covered for public /products liability and theft and fire insurance at all times to the extent that the Committee feel is necessary.***

## **Reason**

Our insurance premiums are increasing at a rapid rate of knots and the Committee has examined the necessity of always insuring everything. The Committee feels that much of this is unnecessary.

We are covered at all times by the Library's third party and public liability insurance while we are on the premises. The only time we are not covered by the Library's own insurance is when we are travelling from or to home; this is a risk we all take constantly.

Most of our assets are very old and of limited value.

In case of a fire at the Library which destroys our assets we will be in more trouble finding alternative premises than replacing our current equipment. It is highly likely we could replace our equipment from one of Clarence Council's grants, which they give to non-profit organisations every year.

Our cupboards containing our equipment are kept locked at all times unless equipment is being moved in or out. So theft is relatively unlikely.

On balance the Committee felt that we should prudently insure our assets only when special circumstances arise and not as a compulsory requirement.



## **Changes to Section 4 OFFICERS OF THE ASSOCIATION**

Section 4 (c) of our current constitution reads:-

4 (c) No person shall hold the Office of President for more than three consecutive terms of office.

The change will remove section 4 (c) altogether.

### **Reason**

We have never, to our knowledge, had to limit the term of the President. In fact, our difficulty has been to get new presidents. If any president wishes to remain in office after three years the Committee sees no reason why they should not. Most other U3A's do not have a limit like this.

The rest of the section 4 OFFICERS OF THE ASSOCIATION remains unchanged. We still must appoint committee members (section 4 (a)); and limit officers to holding only one office at a time 4 (b).

### **Recommendation**

**The Committee recommends that all alterations be accepted.**

## **NOMINATION FORM FOR 2023 OFFICE BEARERS**

**Must be signed by three members**

Position on Committee \_\_\_\_\_

Name \_\_\_\_\_

Nominated by \_\_\_\_\_

Seconded by \_\_\_\_\_

**I accept nomination (signature)**

\_\_\_\_\_

## TERM 1 PROGRAM: MONDAY SESSION 1: 9.30-10.25

231M11	<b>CLARENCE HISTORY</b> Learn about the history of your own part of Tasmania: Clarence aborigines, early explorers, evolution of townships, origins of town names, first settlers, early industries, heritage buildings, movers and shakers. Plenty of interesting local photographs.	<b>WAYNE SMITH</b>
231M12	<b>LINE DANCING – BEGINNERS</b> Simple line dances to a variety of music. Suitable for people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them! This is a small class specifically for beginners.	<b>JILL CANTON</b>
231M13	<b>ART (Painting)</b> This is a self directed course working predominantly in water colour.	<b>FACILITATOR: ROBYN NANDAN</b>
231M14	<b>LET’S TALK</b> A discussion group designed to encourage members to explore a different topical issue each week. These may be political, social, economic, ethical, technological or a mixture of these. Participants will be given a published article or articles to read (a “position paper”) in order to acquaint themselves with different viewpoints, facts etc. before the discussion.	<b>VICKI PATERSON</b>

## TERM 1 PROGRAM: MONDAY SESSION 2: 10.50-11.50

231M21	<b>PACIFIC NEIGHBOURHOOD</b> The term “Pacific Neighbourhood” has crept into our vocabulary in the last year or two as a result of China’s push into the region and our neglect under the Morrison government, but how much do we know about our Pacific neighbours? This course outlines the history of the Pacific Islands – Melanesia, Micronesia and Polynesia – as well as our new mix of allies in East Asia: Japan, South Korea, Taiwan and Vietnam. <b>This course is for nine weeks only and will not commence until, Week 2, March 6.</b>	<b>PETER JONES</b>
231M22	<b>THE WRITERS</b> An opportunity for those who enjoy writing (or would like to) to share their efforts in a friendly atmosphere of mutual support and encouragement.	<b>SELF DIRECTED</b>
231M23	<b>ART (PAINTING)</b> This is continued from Session 1.	<b>FACILITATOR: ROBYN NANDAN</b>
231M24	<b>LINE DANCING</b> Simple line dances to a variety of music. Suitable for people who just want to have fun in moving, singing, making plenty of mistakes and laughing at them!	<b>JILL CANTON</b>
221M25	<b>TRIVIA</b> Work in a team to test your brain, memory and deductive powers. Three sets of questions and a variety of other puzzles each week. There will be a \$2.00 cost at the beginning of term to cover printing and photocopying.	<b>VICKI PATERSON</b>

### TERM 1 PROGRAM: MONDAY SESSION 3: 12.00-1.00

231M31	<p><b>KALEIDOSCOPE</b> <span style="float: right;"><b>COORDINATORS: JEAN HOWES, GEOFF MEDHURST, VICKI PATERSON</b></span></p> <p>A different speaker each week drawn from among U3A members and the wider community.</p> <p style="text-align: center;"><b>KALEIDOSCOPE SPEAKERS: Term 1, 2023</b></p> <p>Kaleidoscope promises to be a fascinating mixture of speakers' travels, explorations, observations and career experiences.</p> <p>Feb. 27: Tony Hope – "The Remarkable Journeys of Captain James Kelly of Van Diemen's Land."</p> <p>March 6: Geoff Medhurst – "Language can be fun" – a look at some of our favourite sayings.</p> <p>March 20: Rosie Berger - "An Explorer's View of Europe" - see unusual places, hear unusual stories.</p> <p>March 27: Andrew Jones - "My fantastic journey as a travel guide and now in retirement refocussing my farm from pasture to premium wine."</p> <p>April 3, 7, 24, May 1, 8 - featuring U3A members such as Pat Jeffery speaking about Mauritius; Beth Jeffrey and Robyn Nandan, also speaking about their travels; Diane Breen, and Linda Oliver speaking on nursing in Kathmandu.</p> <p>May 15: Artists Karen and Julian Witek will discuss their recently published coffee table book <i>At First Glance – a Tasmanian Landscape in Poetry and Photography</i>, which relates to life on the Tasman Peninsula. They will also show us some beautiful images of the Tasmanian landscape.</p>
231M32	<p><b>A HIDDEN HISTORY OF GREECE (New Series)</b> <span style="float: right;"><b>ANTHONY BODEN</b></span></p> <p>The Greeks! What were they like? Where did they come from? In what ways did they differ from us? In this completely new series, we present a portrait of the Greeks as a people. We'll look at their laws, their beliefs, and the ways in which they thought, worked and played. But this is not all. In the process, we will encounter some of those things which you never really hear about: plagues, colonies and unusual approaches to government. So, join us in this voyage of discovery. You may find that these people have more to offer than vases, temples and philosophical speculation.</p>
231M33	<p><b>POETRY READING</b> <span style="float: right;"><b>CHRIS BISHOP</b></span></p> <p>Join Chris and other poetry enthusiasts in an exploration of poetry through the ages. The sessions include a range of poets and poetry. Some members bring along and share their own poetry. No previous knowledge is required.</p>
231M34	<p><b>NEW SINGALONG</b> <span style="float: right;"><b>LEN SPAANS</b></span></p> <p>Come and enjoy the new singalong in Room 6. All your favourites from the 50s, 60s and 70s, and many more. No music needed, it will all be on the big screen. And no extra cost.</p>
231M35	<p><b>GERMAN CONVERSATION</b> <span style="float: right;"><b>SELF DIRECTED</b></span></p> <p>German conversation for German speakers wanting conversational practice. New members are welcome in the group but you need to have a reasonable grasp of the language.</p>
<b>TERM 1 PROGRAM: WEDNESDAY SESSION 1: 9.30-10.25</b>	
231W11	<p><b>COMPUTERS AND COMMUNICATIONS</b> <span style="float: right;"><b>IAN DUFFY</b></span></p> <p>Everyday life is now dependent on this technology and its latest ubiquitous iteration is the smartphone. How did this happen and where are we headed?</p> <p>Arthur C. Clarke suggests that "Any sufficiently advanced technology is indistinguishable from magic." Join Ian as we unravel the history of this revolution, and replace magic with logic, science and technology.</p> <p>(N.B. This is not a course on how to use your PC, Mac, tablet or smartphone.)</p>

231W12	<b>AUSTRALIAN TRAVELS</b> This course covers the travels undertaken by Albert and his wife, Judy, as they roamed throughout the country from 1999-2018 in a campervan. These trips especially took place throughout the tropics and sub-tropics, and natural landforms, aboriginal rock art, wildlife and native wild flowers were of particular interest. These all feature prominently in Albert's presentations with numerous images.	<b>ALBERT GOEDE</b>
231W13	<b>LEARN TO PLAY CRIBBAGE</b> Have you ever played this card game? A game for two or more which uses a standard 52 card deck of cards, and a crib board to score. There is enough luck for it to be fun, but it also takes skill and cunning to play well. Come and discover 15-2, 15-4 and three-of-a-kind is 10 plus 1 for his knob makes 11. Learn the rules and play the game with friends.	<b>BILL BOUFFLER</b>
231W14	<b>MAH JONG</b> Teaching and helping people enjoy the game of Mah Jong. Beginners are welcome. Two hours for those who want to stay.	<b>JAN CHIPMAN</b>

**TERM 1 PROGRAM: WEDNESDAY SESSION 2: 10.50-11.50**

231W21	<b>BAD DECISIONS IN HISTORY</b> Have you ever made a bad decision? Was it life changing? Let's examine some bad decisions made over time, those who made them and the far-reaching effects they had.	<b>JANE HALL</b>
231W22	<b>FRENCH CLUB</b> This is for those who have studied French in the past and would like to build on their skills. More emphasis on everyday French, listening and conversation than writing and grammar.	<b>PETA KELLY</b>
231W23	<b>PLAY READING</b> Looking for comic relief or a way to re-live an entertaining experience in the theatre? Come and have fun reading plays with others. No experience needed and plenty of characters and plots in which to immerse oneself. Our tutor has worked in theatre and enjoys sharing her knowledge of, and enthusiasm for, all things theatrical.	<b>MARIE HOWARD-DOWLMAN</b>
231W24	<b>TAI CHI</b> Tai Chi evolved as a Chinese martial art practised for defence training, as well as various health benefits and meditation. Its sequences of slow, controlled movements are beneficial for strength and flexibility. This class follows a DVD.	<b>SELF-DIRECTED</b>
231W25	<b>MAH JONG – CONTINUATION FROM SESSION 1</b>	

**TERM 1 PROGRAM: WEDNESDAY SESSION 3: 12.00-1.00**

231W31	<b>LET US ENTERTAIN YOU</b> This course is designed to examine the evolution and history of theatre arts from Greek and Roman origins, through the Medieval, Renaissance, Elizabethan and Restoration periods, to the rise of Realism and into more modern traditions, including musical theatre. On the way there will be time for Mime, Music Hall and Melodrama! This course is being developed with the help of professionals who work in theatre.	<b>VICKI PATERSON</b>
231W32	<b>BEGINNERS' FRENCH</b> This course is for those with little or no knowledge of French and will focus on developing basic skills in the language and an understanding of French culture. It will be adapted to suit the needs and interests of the participants.	<b>SUE TOLBERT</b>
231W33	<b>GAMES TIME</b>	<b>SELF DIRECTED</b>

	Enjoy a fun morning playing board games such as Mexican Trains and Rummy-O. Great for concentration and developing numeracy skills. Once learned, the games are also fun to play with friends and grandchildren.
231W34	<b>ZUMBA GOLD</b> <span style="float: right;"><b>FACILITATOR: DIANNE HILL</b></span> Zumba Gold is a modified version of Zumba, designed specifically for seniors. There is a seated form of the exercise as well as the regular dance-like moves. As a fitness program it involves both cardio and Latin-inspired dance, and has become increasingly popular. The “tutors” will be on a screen, and participants will be encouraged to begin slowly and build up fitness and strength. Wear loose, comfortable clothing.
231W35	<b>CHESS</b> <span style="float: right;"><b>SELF DIRECTED</b></span> Both novices and experienced players are welcome. As with everything, there are many things to learn and we all learn in partnership with everyone in the class. On the way we hope to have fun and enjoy this very ancient game which is played the world over by young and old.

## SOCIAL EVENTS TO LOOK FORWARD TO:

Beth Jeffery, our Social Coordinator, is currently planning some events for members to enjoy outside of our usual program. In March she is planning a tour of the Henry Jones factory. Other events being looked at include an art and history tour and one of the Cascades Female Factory (a convict women’s prison) in South Hobart.

Beth is keen to hear from anyone with ideas of other activities we could enjoy together. Also, have you ideas and recommendations for group luncheons in the lead up to Christmas? It is getting harder to find suitable locations to make group bookings for that time of year.

There will be a notice put up on the Art Room glass door with regards to the 2022 Christmas luncheon as Beth would like some feedback from members who attended it.

## 2022 CHRISTMAS LUNCHEON

Thanks again go to Beth for organising our Christmas luncheon. The company, decorations and view were fabulous. Members enthusiastically supported the raffle and raised funds for the ABC Giving Tree.



Thank you to Peter Partridge for providing us with these photos of the occasion:



**The U3A Christmas  
Luncheon for 2022.**

## MEMBERSHIP SUBSCRIPTIONS:

### ANNUAL MEMBERSHIP SUBSCRIPTION FOR 2023 \$50 PER PERSON

#### You can pay online as follows: MEMBERSHIP SUBSCRIPTION PAYMENTS ON LINE BY DIRECT CREDIT

Members can pay their U3A Clarence subscriptions by completing the form on line. Go to our website <http://u3aclarence.com> and click on the link:

#### **Subscribe to U3A (membership)**

Payments may be made by electronic funds transfer to our account, or by visiting a bank and making a deposit to our account **after** the online form is submitted. Whichever method is used to make a direct credit payment, it is **ESSENTIAL** that the following information is recorded as part of the transaction:

Account Name: University of the Third Age

BSB 067103

Account number 10059047

Reference Members' first name and surname

Please note: When making a deposit at a bank you must ensure that your reference information is recorded *whether or not* the teller asks for the details. Please address any Payment queries to our Treasurer, Terry Mahoney.

**IF YOU ARE UNABLE TO PAY BY DIRECT CREDIT PLEASE USE THE  
FOLLOWING FORM  
YOU MUST SUBMIT THIS FORM IF YOU PAY BY CHEQUE OR CASH**

Name \_\_\_\_\_

Preferred name for name tag \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile phone: \_\_\_\_\_

Email address \_\_\_\_\_

Residential address \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Method of payment and amount paid - cheque, cash \$ \_\_\_\_\_

Please make your cheque payable to U3A Clarence and mail *with this form* to PO Box 774  
Rosny Park 7018.

## **IMPORTANT INFORMATION REGARDING ENROLMENTS**

Because class sizes are limited by room sizes, please only enrol in classes you are confident you can attend regularly. If you cannot make classes, please inform a committee member – as many classes have waiting lists.

Please note that line dancing classes are always popular, and the numbers are limited to meet health recommendations concerning COVID spread. We can therefore only place you in one of the classes run each week.

### **Just started using an email address?**



If you have just started using an email address and have been receiving posted newsletters, please let us know as soon as possible and we will send you electronic copies of messages and newsletters in future. Please send your name and email address by email to: [membership@u3aclarence.com](mailto:membership@u3aclarence.com) The Rosny Library conducts beginners' classes for people new to email and computer use. These could increase your skills and confidence.



## HOW . TO . ENROL

We prefer that you do this online. These are the instructions for online enrolment.

### Online enrolment:

1. Search for U3A Clarence on Internet.
2. Click on the first website: **U3A Clarence**
3. Click on **Enrol Here** on the yellow band at the top of the screen.
4. Click on **Login**.
5. Enter your member number and password.
6. Click on **View or Select Courses** on menu on the left. Courses for term 1 2023 will all have a course code starting with 231.
7. Tick the box on the left-hand side for each course you want to enrol in. If you click on the course name you will see a description of the course.
8. Courses which are highlighted in blue are full. You can still tick the box, but you will be placed on a waiting list. Priority is given to members with paid subscriptions.
9. Click on the  button at the bottom of the list of courses.
10. The list of courses you have selected will appear. The fourth column is the **Status**. This will be blank if you have been **included in the course**, and will have **Wait listed** if the course is full.
11. Click on the  button to finish your enrolment. **This step is important so don't leave it out** or you will not be enrolled!
12. The information in step 10 is the information on your enrolment status. You will not receive any additional confirmation such as an email.
13. Once this has been finalised, your enrolment is complete.
14. **Logout.**

## Paper enrolment form

If you cannot enrol online, then a paper form can be printed from the back of the newsletter and completed. Paper enrolments can be sent to *U3A Clarence Enrolments, PO Box 774, Rosny Park, 7018.*

The enrolments will come to Margaret Collis who is helping people not able to enrol online, particularly those who receive the newsletter by mail. If you are without computer access, she will also take your enrolment over the phone if you prefer. Her phone number is 62448301. ***The sooner your information gets to her, the sooner you can be enrolled.***

## Member subscriptions

You need to be a financial member of U3A Clarence to be admitted to classes, so if you have not yet paid your annual membership subscription for 2023, please follow the instructions on the U3A Clarence website to pay. You can also use the information in this newsletter to make the payment.

## U3A in 2023:

U3A Clarence is a volunteer organization run by volunteers and all members are asked to consider areas they can assist in. We were very concerned up until the very end of the year that we may have to wind up the organization this year due to a lack of people prepared to help on the Committee. Fortunately several people have offered to take on new roles. However, we still have an urgent need for members to help with the following:

- Setting up and packing up furniture each morning;
- Setting up and helping run computers and electronic equipment for presentations;
- Presenting sessions and courses;
- Helping find presenters and facilitators for courses;
- Taking on the role of Public Officer under Terry Mahoney's tutelage;
- Learning the UMAS membership system and how to do enrolments – we need several people able to do this role;
- Washing up!

Please consider helping in these areas or at least providing some ideas. U3A Clarence needs all of us working together for it to continue to function.

# ENROLMENT FORM TERM 1 2023



Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

<b>MONDAY COURSES</b>	<b>CODE</b>	<b>NAME</b>
<b>Session 1 9.30-10.25</b>		
Clarence History	231M11	
Line Dancing – Beginners	231M12	
Art (Painting)	231M13	
Let's Talk	231M14	
<b>Session 2 10.50-11.50</b>		
Pacific Neighbourhood	231M21	
The Writers	231M22	
Art (Painting)	231M23	
Line Dancing	231M24	
Trivia	231M25	
<b>Session 3 12.00-1.00</b>		
Kaleidoscope	231M31	
Hidden History of Greece	231M32	
Poetry reading	231M33	
Singalong	231M34	
German Conversation	231M35	

<b>WEDNESDAY COURSES</b>	<b>CODE</b>	<b>NAME</b>
<b>Session 1 9.30-10.25</b>		
Computers and Communications	231W11	
Australian Travels	231W12	
Learn to Play Cribbage	231W13	
Mah Jong	231W14	
<b>Session 2 10.50-11.50</b>		
Bad Decisions in History	231W21	
French Club	231W22	
Play reading	231W23	
Tai Chi	231W24	
Mah Jong (continued)	231W25	
<b>Session 3 12.00-1.00</b>		
Let us entertain you	231W31	
Beginners' French	231W32	
Games Time	231W33	
Zumba Gold	231W34	
Chess	231W35	